

Docker



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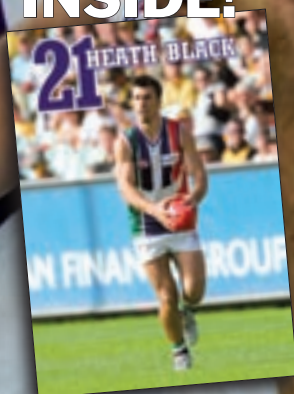
**BRYAN
"STRAUCHANIE"
STRAUCHAN**

**HARD
MAN
HELPS
KIDS**

**WIZ
KIDZ**
FUN,
COMPETITIONS
WITH THE WIZ!

HIGHLIGHTS
VOICE
FROM THE
OUTER

**HEATH
BLACK
HERO
POSTER
INSIDE!**



**SHANE
PARKER**



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Wiz Kidz

Join the Wiz for a heap of fun, competitions and your chance to win sensational prizes



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COVER PHOTOGRAPH: Shane Parker. Picture: Getty Images.

IT WAS A VERY disappointing feeling among the players and staff at the club as everyone came to grips with our season ending so abruptly on a Saturday night in Adelaide. The coaches and players in particular have had a difficult and challenging year. They have worked exceptionally hard through a very tough middle part of the year and the rewards came in the second half of the season that started as we launched a great comeback against eventual minor premiers Adelaide and then won six of the next seven games to give ourselves every chance of being a part of the September finals action.

It had been a difficult season for our club, one of those seasons that one or two clubs unfortunately experience every year. After a very good run with injuries over the couple of seasons, sadly our turn had arrived. Injuries took their toll as we lost key players such as Robert Hadrill, James Walker, Roger Hayden, Matthew Carr, Luke McPharlin, Graham Polak, and Byron Schammer. But that is all part of football.

It was because of these injuries that gave the club the chance to witness first hand some great young players who will be a big part of the future of our club – David Mundy, Michael Johnson, Brett Peake, Steven Dodd and Ryan Crowley.

Despite the challenges we have continued to produce some exciting football and have secured some good wins. Travelling to Geelong to take on an in-form Geelong side we secured

our first win at Skilled Stadium. Two more trips to the MCG with two more wins against Collingwood and Carlton. Wins at home against finals contenders Western Bulldogs and Melbourne. And then a game that I think most Fremantle supporters will never forget. A Friday night against St Kilda and a fightback and last five minutes that I know I won't forget.

On that Friday night not only did we keep our September hopes well and truly alive but showed the whole country what Fremantle is all about – undeniable passion. The colour and noise around Subiaco Oval when Justin Longmuir calmly split the middle of the goals was simply unbelievable.

That left us with last year's premiers to determine our fate in 2005. In a bizarre way the game actually summed up our season – up and down. We played a great first half to be in charge at half time but had the game taken away from us by an experienced and seasoned team in the second half.

This has been one of the most even years I can remember and also one of the most up and down. Teams have been in good form and then out of form – winning and losing games they shouldn't. We were like that this year.

While our year ended with a very disappointing thud, the players should be congratulated on how hard they have worked over the year. Every member and supporter should be proud of the way they have fought out the season and

for it to end so suddenly leaves a sickening feeling, but that is football. Eight teams start their planning for 2006 right away while the remaining eight will work their way through September until one team has the chance to say that their season was successful. The others join us planning for next year.

We have developed as a team and our club is strong. New players have emerged to show us what they can offer our club. Others have taken the next step in their development and others have taken on new roles within the team and shown us their wonderful talent. While we may be disappointed with our ending, we are proud of what has been able to be achieved under adversity. We all look forward confidently to 2006.

On behalf of the Board, staff and players, I would like to thank you for your loyal support this year – and look forward to your support again in 2006, when once again we will take on the challenge of preparing the Fremantle Football Club for another tilt at AFL Finals action. We have the best and most passionate supporters in the AFL, and we feel confident that the Club will provide all of you with excitement and action in the coming seasons.

We'd like to have you all as part of it!



Rick Hart



2005 Elections and Member Meeting

THE CLUB'S CONSTITUTION was amended to allow for two member-elected representatives to take their place on the Board of Directors of the Fremantle Football Club. The first elections held in 2003 saw the appointment of two Directors for a two and one year period to allow for one member elected representative position to be vacant every year.

After the 2003 elections, every member representative is appointed for a two year term. The first member elected representatives were David Garic, appointed for two years, and Les Everett, appointed for one year.

At the expiry of his one-year term in 2004, Les Everett re-nominated and was overwhelmingly re-elected for a two year term from 1 December 2004. At 1 November 2005,

David Garic's two year term will expire and the vacant position will again be open to members to elect a representative for a two year term from 1 December 2005 to 30 October 2007.

The WA Electoral Commission will once again manage the election process as it has done in 2003 and 2004. Voting is only open to voting club members who are fully paid up as at 30 September 2005. Voting club members will receive all information on the election directly from the Electoral Commission.

The club will have no other role in the election other than to supply the Commission with the current names and postal addresses of voting club members as at 30 September 2005. It is therefore important that the club has every member's current postal address. If your

postal details have changed during the last twelve months please notify the club in writing before 30 September 2005.

The 2005 Members Meeting will be held on 30 November and members will be posted a Notice of Meeting. This is the annual meeting for members at which the results of the 2005 elections will be announced for the member elected representative to the Board of Directors of the Fremantle Football Club.

Members are encouraged to visit the club's web site where election and members meeting details will be regularly updated.

A Voting Club Member does not include Associate Members or any member under the age of 18.



Troy looks at dust mites, critical in research into asthma

Hard Man Gets Behind Child Health Research

Fremantle hard man Troy Cook has become Patron of the Kulunga Research Network, putting his name behind the leading indigenous child health research organisation in the state.

TROY TAKES OVER the patronage of Kulunga from Professor Lowitja O'Donahue, who was also the first chairperson of the Aboriginal and Torres Strait Islander Commission (ATSIC).

The Kulunga Research Network, formed in 1999, is a collaborative partnership between the WA Aboriginal Community Controlled Health Organisations, representing Aboriginal Medical Services across WA, and the Telethon Institute for Child Health Research.

The Institute is world famous for its research into areas such as birth defects, infectious diseases, and cancer and leukaemia, led by Director and former Australian of the Year, Professor Fiona Stanley.

Despite only operating for a relatively short period of time, Kulunga has produced an impressive array of achievements playing an active part in ten research projects each of which has the potential to directly impact on the health and wellbeing of Aboriginal children and families. In some cases, such as the Bega Antenatal Education Project, there has already been evidence of improved maternal and child health.

Kulunga sets out to develop a network which enables Aboriginal people to conduct research and training to form the basis for improvement in health and whole of life expectations for Aboriginal children and families in Western Australia.

The Kulunga model of research and practice is of the highest value in bringing the ideas and experiences of Aboriginal communities and the research and management expertise of Aboriginal people together in a world class research setting.

"When we were considering our new Patron, we knew that we wanted someone that was strong of character, well regarded in the community and would be able to help Kulunga take our important messages to the community," said Kulunga Research Network manager, Colleen Hayward.

"We were thrilled when Troy accepted our invitation to become Patron of Kulunga," she said.

"The absolute bonus for us is that Troy has expressed a strong desire to be involved, especially where that involvement includes community interactions.

"Troy is bringing a whole new dimension to the research we do and the ways in which we can better translate research findings and practice back to the Aboriginal Community.

"We are all so excited and look forward to Troy's involvement with Kulunga," Colleen said.

At a recent familiarisation visit to the Institute, Troy was able to view first hand the work of the Institute and its researchers touring the laboratories and visiting Kulunga offices and meeting network staff.

"To be asked to become Patron of such a fantastic initiative as Kulunga is a great honour," Troy said.

"The Institute has done such fantastic work over many years for the children of WA, it is great to become involved and support the work of Kulunga helping indigenous child health.

Kulunga Manager Colleen Hayward shows Troy the network's target areas



Cancer cell research laboratory



"There are many areas where Kulunga's research can make a significant difference to the health of indigenous children.

"Mortality rates for Aboriginal infants and children are up to three times higher than for the non-Aboriginal population and poor maternal health that sees low birth weights and premature births are just two of the major areas of concern that need to be addressed.

"I am really looking forward to helping Kulunga get the key messages out to the communities throughout the state."

Meeting staff at Kulunga





WHILE FREMANTLE HIGH FLYER Luke McPharlin is well known for taking screamers on the field, in 2005 Luke has put his off field talents on display on Channel 9's The Footy Show "Screamers" competition. Representatives of all clubs have gone head to head throughout the season in the SMS voting competition that has seen Luke make it through to the Grand Final of Screamers to be held on The Footy Show on 15 September. Luke will be performing against Luke Brennan from the Hawthorn Football Club and the prizes on offer to the winner are valued at over \$300,000 and include the winner's club receiving the keys to a \$258,000 apartment in Melbourne and his junior footy club receiving \$20,000 cash. Luke's junior club, the Attadale Bombers, will be the grateful recipients of the much needed funds should Luke taste Grand Final success in Screamers. The winner will be decided by the most number of SMS votes received and full voting details are available on the club's web site. [W](#)

Birthdays...

OCTOBER

Benet Copping 7/10/1986

Ryley Dunn 7/10/1985

Michael Johnson
20/10/1984

NOVEMBER

Jack Juniper
10/11/1986

DECEMBER

Luke McPharlin
1/12/1981

Aaron
Sandilands
6/12/1982

Roger Hayden
9/12/1980

Paul Medhurst
11/12/1981

Joe Krieger 13/2/1986

Matthew Carr 29/12/1978

Matthew Pavlich 31/12/1981

JANUARY

James Walker 15/1/1979

Andrew Siegert 18/1/1982

JANUARY

Des Headland 21/1/1981

Justin Longmuir 21/1/1981

Robert Hadrill 23/1/1981

Adam Campbell
25/1/1985

Dion Woods
25/1/1982

Jarrad Schofield
30/1/1975

FEBRUARY

Paul Duffield
5/2/1985

Shaun McManus
9/2/1976

Shane Parker
18/2/1973

MARCH

Peter Bell 1/3/1976

Daniel Gilmore 2/3/1983

Ryan Crowley 5/3/1984

Antoni Grover 11/3/1980

Toby Stribling 13/3/1987

Michael Warren 20/3/1982

Desert Fans



THE CLUB WELCOMED the Central Desert Eagles Little League Team on 3 July who arrived all the way from the Ngaanyatjarra lands in the Central Western Desert.

While in Perth the boys visited Fremantle Oval to enjoy Tuesday Night People's Training and had the opportunity to meet some of their football heroes. Then at half time of the Fremantle v Western Bulldogs game the young hopefuls took centre stage and played in an Auskick game on Subiaco Oval.

Pictured: A young Central Desert Eagle showing his support at Tuesday Training

MEMBERS OF THE club's fundraising coterie group 'The Derby Club' recently donated a luxurious lounge suite for the 'Players Lounge' at the club. This area of the club is designed to be a place where the players can enjoy quiet time during their hectic training schedules. Thanks to 'The Derby Club', the lounge suite has become the perfect addition.



Ryan Murphy pictured with Claire and Steve from the Derby Club on the new lounge suite



Back Row: Joe Krieger, Brett Peake, Paul Duffield, Michael Johnson, Adam Campbell, Michael Warren; Centre Row: Ryley Dunn, Ryan Murphy, Jack Juniper, Benet Copping; Front Row: David Mundy, Toby Stribling

Developing skills for life

EACH YEAR THE club's first and second year players form a 'Development Group' which aims to further develop and prepare the players for their responsibilities as AFL footballers.

Working closely with Player Welfare Manager Lee Walker, the players meet on a weekly basis for education sessions on safe driving

and road safety given by the WA Police Force, nutrition and cooking, finance management and individual budgeting in addition to a range of other life skills sessions.

This year, they also visited Starlight Children at Princess Margaret Hospital including Jackson Howlett who broke his vertebrae in a football accident in Dunsborough earlier this year. 🏈



Players Honoured

FREMANTLE CAPTAIN Peter Bell was selected for the third consecutive year in the 2005 WA State of Origin Team and joined team mates Luke McPharlin and Jeff Farmer in this year's team. While Luke McPharlin has moved to a permanent position forward in 2005 providing another tall, high marking target in Fremantle's potent forward line, Jeff Farmer has played

arguably some of his best football in 2005 and remains one of the game's most dangerous forwards.

The gala evening also honoured Fremantle veteran Shaun McManus and Troy Cook with their induction into the WAFL 200 Club. Shaun has played 173 games for Fremantle, 43 games for East Fremantle and 1 game for WA and Troy 123 games for Fremantle, 43 games for the Sydney Swans, 51 games for Perth and 2 games for WA.

2005 State of Origin



Peter Bell

Date of Birth: ... 01/03/76
Games for FFC: 103
AFL Games Total: 226
Games for other clubs: 123
Finals Games: 16
Pre-Season Games: 26



Jeff Farmer

Date of Birth: ... 24/06/77
Games for FFC: 78
AFL Games Total: 196
Games for other clubs: 118
Finals Games: 7
Pre-Season Games: 18



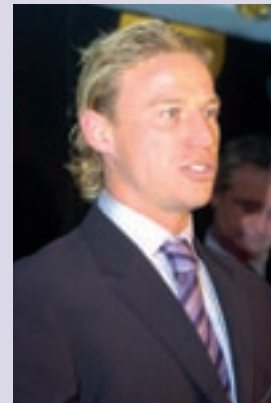
Luke McPharlin

Date of Birth: .. 01/12/81
Games for FFC: 55
AFL Games Total: 67
Games for other clubs: .12
Finals Games: 1
Pre-Season Games: 5



Troy Cook

Date of Birth: ... 12/08/76
Games for FFC: 123
AFL Games Total: 166
Games for other clubs: .43
Finals Games: 2
Pre-Season Games: 14



Shaun McManus

Date of Birth: ... 09/02/76
Games for FFC: 173
AFL Games Total: 173
Games for other clubs: ... 0
Finals Games: 1
Pre-Season Games: 8

WAFL 200 CLUB



At Home in Eden

Fremantle's Troy Cook launched the 'Dockers Home' in Eden Springs on Thursday, 4 August and encouraged all Fremantle members and supporters to take time to visit the beautiful home.

SITUATED IN THE TRANQUIL surroundings of Meadow Springs, club sponsor Mirvac Fini created a stunning two-storey home which will be auctioned in 2006 with profits going directly to the club.

Representatives from Mirvac Fini, the club and the Cerebral Palsy Association attended the launch.

Mirvac Fini Sales and Marketing Director Peter Gianoli addressed guests, saying "We are all very excited and we sincerely thank Troy for coming to Eden Springs to launch the home."

In a further show of commitment towards the West Australian community, Mirvac Fini encourage all visitors to make a gold coin donation towards the club's aligned charities.

Fundraising through the gold coin donations will be presented to the Cerebral Palsy Association later in the year with Alzheimer's Association WA reaping the benefits of the community's generosity in the first six months of next year.

Cerebral Palsy Ambassador Troy Cook said at the launch that he hoped people took time to visit the 'Dockers Home'.

"It's a really great initiative of Mirvac Fini to create a home and give the profits to the club," he said.

"This is the first ribbon I have ever cut and I couldn't wait to go inside for a look. I hope people get down here because the 'Dockers Home' looks great.

"We are always trying to find ways to help our charities so it's fantastic that we can encourage people to give a gold coin donation when they visit the house as well."

Located within the established estate of Meadow Springs on Portrush Parade, Eden Springs the 'Dockers Home' will be open seven days a week from 1pm-5pm.📍

Antonina Luminoso from Mirvac Fini and Anita Ghose from Cerebral Palsy Association receive the first donation from Troy



Troy opens the house for visitors



Pavlich voted *fremantlefc.com.au* Player of the Year

AFTER AN OUTSTANDING season at centre half-forward Matthew Pavlich has been awarded Player of the Year by Fremantle members and supporters.

In a competition run on the club's web site, fans entered their votes after each round of the 2005 regular season and a Player of the Week was awarded. Pavlich collected the weekly award nine times and figured in the top three vote getters on 18 of the 22 games that Fremantle played.

Others to receive multiple Player of the Week awards were Jeff Farmer (twice), Troy Cook (twice), Paul Hasleby (twice) while Heath Black, Josh Carr, Matthew Carr, Steven Dodd, Justin Longmuir, Luke McPharlin and Peter Bell won the award once.

Pavlich had an outstanding season where he was the club's leading scorer with a career best 61 goals and 178 marks. On seven occasions he kicked four goals or more in a game including hauls of six against Collingwood, eight in round 14 against the Crows and nine in a win over Carlton at the MCG.

Player of the Year

Name	Votes
Matthew Pavlich	40
Peter Bell	12
Jeff Farmer	11
Paul Hasleby	10
Josh Carr	9
Troy Cook	9
Heath Black	9
Luke McPharlin	9
Matthew Carr	6
Justin Longmuir	6



After being the club's selection in the 2004 pre-season draft, Michael Johnson has enjoyed a year of first time experiences as he establishes himself on the club's primary list. The young defender was offered an extension of his contract earlier this year which will see him remain at the club until the end of the 2007 season. *Docker* caught up with Michael for a quick kick.

DOB: 20 October 1984
Height: 195cm
Weight: 87kg
Drafted: Pre-season draft 2004
From: Perth Football Club
Honours: Member of the 2005 Indigenous All-Stars Team

You made your AFL debut in round 4 this year at the MCG, that must have been a dream come true and to top it off you kicked a goal, can you talk us through your experience?

It was a real surprise for me that day. Chris had told me I was travelling to experience being with the team but he also said that Richmond were coming with a tall team so I might make my debut. Then the morning of the game when we had our meeting Chris told me that Matthew Carr had flown home early because he was crook so as it turned out I made my debut against Richmond in round 4 on the MCG, it was very exciting and I mean I ended up playing ten games this year so it has been great for me.

Your first full AFL pre-season had fantastic results so much so that you were selected in the Indigenous All-Stars Team to play in Darwin. What was that experience like for you?

It was a great experience playing with and getting to know some of the legends of the game. Both past and present indigenous

players went up to Darwin so you get to know them and play with the great players of the competition which was great. To come home with a win was fantastic. Michael McLean was great as a coach and a mentor as well for me so overall I just had a great time

You were the club's selection in the 2004 pre-season draft and you spent last year developing your game in the WAFL. Was that a valuable experience for you?

I am only young so last year was a great year for me in terms of the development of my footy. In my first year here at Fremantle I learnt such a lot and even just some more knowledge of the game which I then took back and used in my WAFL performances. I had a reasonable year, it was good, and I was lucky enough to get a game at the start of this year which I wasn't planning to do, so it's been a great couple of years for me.

Do you find that the other indigenous players at the club are your biggest mentors and who in particular have you drawn knowledge and help from over the past two years?

The whole seven of us are a tight group. Jeff Farmer is the leader and he talks to me if I have any problems and he actually grew up with my brother in Tambellup so he had an idea of who I was before I got here. I grew up with Woodsy because I am best mates with his brother Fabian, and all the other boys have been great too DJ, Cookie, Groves and Roger, we are really close and I am the youngest so whenever I need help they are there to help me.

You have been part of a young and learning backline, and you have been given some big challenges over the year (Barry Hall, David Neitz) how did you handle that kind of responsibility?

The backline had lots of changes this year with a couple of debutants like David Mundy and I joining Scotty Thornton, Groves and Shane Parker. It has been great, Parksy was always there to help us out and so were Groves and Scotty. I think David and I did alright, especially David, he has had an excellent year. But for me playing on these guys



who had played over 100 games and kicked more than 100 goals was a great learning experience. Playing on the likes of Barry Hall, Neitz and Holland was a great experience and I love challenges so when Chris told me I would be playing on them I said I would love to. If you want to play AFL you have to play on the best so I took the challenge with both hands.

David Mundy has taken on the duty of the team's kick-ins in the second half of the year, is that something you would like to add to your resumé?

Maybe in the future, I used to do the kick-ins at Perth and I thought I did it OK so if the coaches wanted me to kick in I would love to do it. It would be something new for me at the top level so it would be great.

Where do you see yourself playing in the future?

Maybe at centre half back in a couple of years when I get more used to the game speed and the like. I love centre half back and I like to read the play when the ball comes down. Centre half forward is a very hard position so if you can get over them you can really win the game for your team as a centre half back. I would be happy to play wherever the coaches feel I am best suited to the team.

You had the curly locks chopped half way through the year, what brought that on?

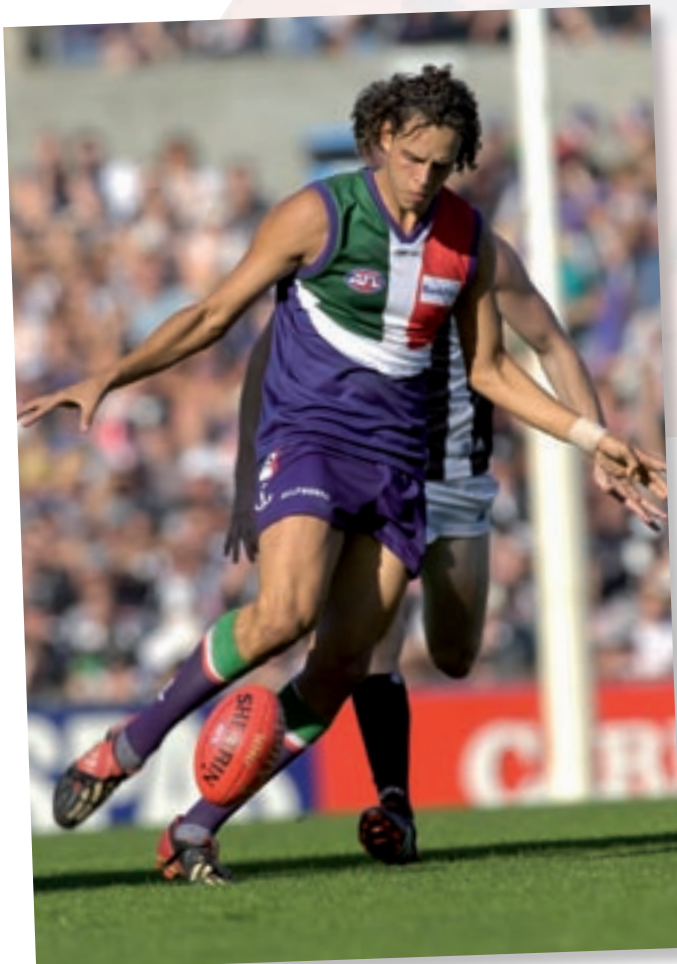
I decided the morning I did it to chop them, I was tired of washing it and my hair was really dirty like dreadlocks. A few people had asked me when I was going to cut it off and I said maybe never. Anyway I had an impulse that morning and I surprised myself too, when I looked on the floor after I got it cut I thought 'what have I done' but the haircut made me look younger so I like it.

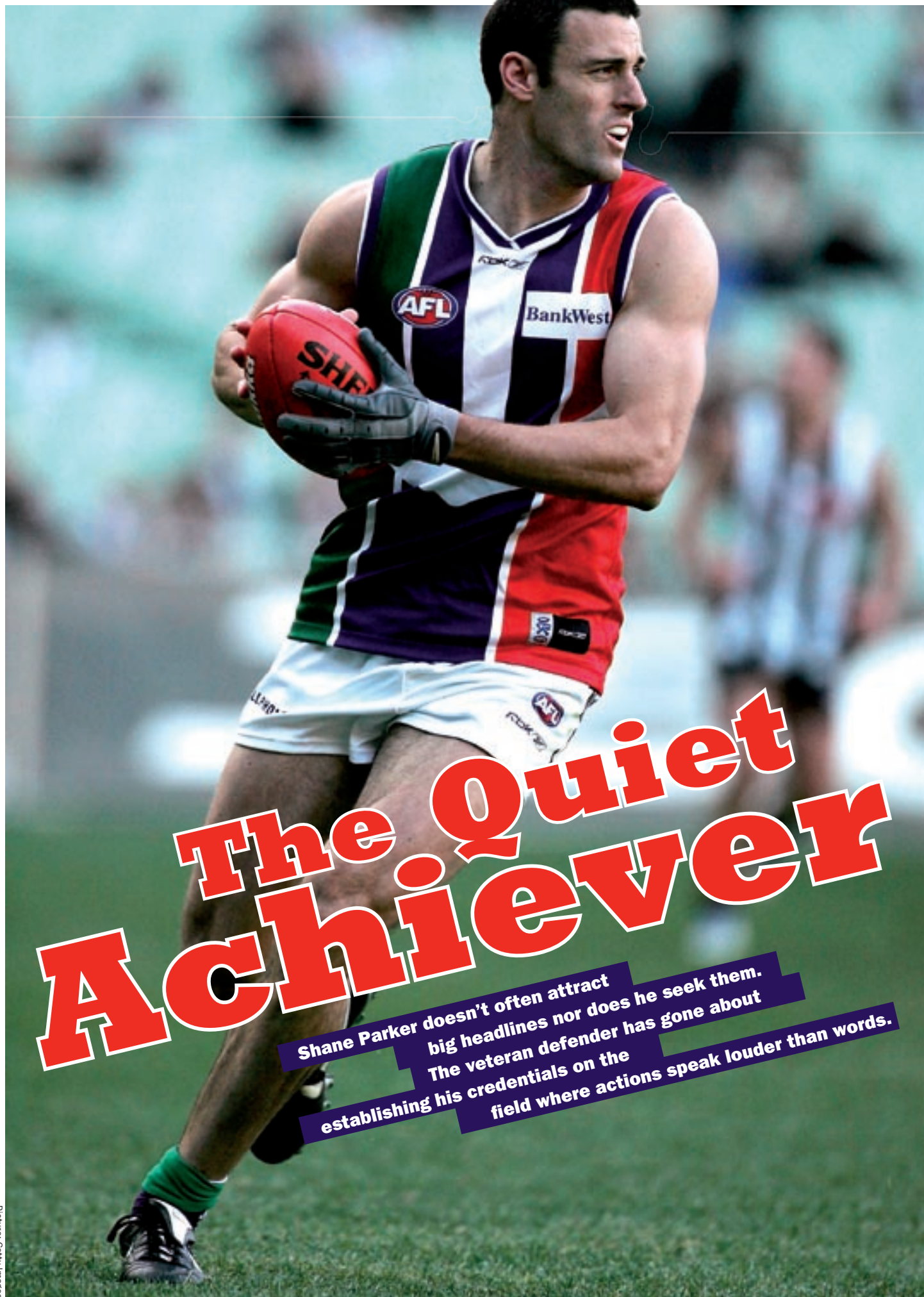
What do you like and dislike the most about being an AFL footballer so far?

I like everything, especially going out on the big ovals in front of the big crowds. It's a great experience and playing with all the great players that we have in our team is awesome too. I dislike travelling a bit but that's part of the competition. I am not used to it yet, I don't know if you ever get used to it, or if you just have to live with it. But the plane flights are definitely hard for me.

What are your personal goals for 2006?

I want to do a full pre-season and get stronger and faster so I can try to take up a role at centre half back. I would like to play the whole year next year and play finals footy for the Fremantle Football Club.☺





The Quiet Achiever

Shane Parker doesn't often attract big headlines nor does he seek them. The veteran defender has gone about establishing his credentials on the field where actions speak louder than words.

Shane Parker is the quintessential quiet achiever, preferring to stay out of the media and public spotlights. It was therefore something out of the blue when he hushed a packed media conference that had gathered prior to his 200th game to make a statement to start proceedings.

"You wouldn't be aware this is a press conference to announce my retirement from kicking in," he said with a smile.

The forthright approach may have been unexpected by the assembled media but the typically dry humour wasn't. Just two weeks earlier Parker had muffed a kick-in with what he describes as 'probably the worst kick of my career'.

Parker's declaration was as much about breaking the ice as it was a clear indication of a player who has life and football in perspective.

To ensure the mood continued he then quipped "any questions?"

Indeed there were and Parker answered them politely and professionally, all the while flanked by his Fremantle team mates in a mark of respect from those he values most at the club.

"I didn't want to do this without my team mates here and I appreciate it," he said.

"You don't get to this stage without your team mates and former team mates."

Shane Parker on... BROTHERS

Shane & Daniel Parker are one of only three sets of brothers to have played together for Fremantle. The others are Justin & Troy Longmuir and Matthew & Josh Carr.

"It was certainly something that neither of us expected but we enjoyed it while it lasted," he said. "We played at opposite ends of the grounds so we didn't rub shoulders in the game that much but it was a good experience."

Five days later he was running onto the MCG in a game that will forever etch Shane Parker's name in Fremantle Football Club history. The former Subiaco Lion cub stood the test of time to become the first player to reach 200 games with Fremantle.

"To be the first person to achieve that milestone at the club is something I never gave myself the luxury to think about because it takes so much hard work just to play one AFL game. I think what makes it so special for me personally is that only one person can ever be the first to achieve that mark at the club.

"I don't think I'll fully appreciate it until I've finished playing. I've obviously been in the competition for a fair while and I think I have an understanding of how hard it is to maintain the level you need to have to play in the AFL," he said.

"I feel very fortunate to have been able to play 200 games and be the first person at Fremantle to do that and I'm pleased that I have been able to last the distance because it is pretty hard work."

Ben Allan on... SHANE PARKER

I'd like to say I can remember the first time I met Shane but I can't really recall it. He was a bit of a ghost around the club in the early days and was very shy but that should not be confused with focused because he has proved that he is extremely determined when it comes to his football. He has had some big tasks and played on all the big names and when you look back you realise that he has had a huge impact for this club.

I do remember having a conversation with him in Fremantle's first year and he said something along the lines of 'I'm not sure how I'll ever get a game'. I said to him that you never know what is going to happen and he has gone on to pass 200 games and be an outstanding player.

His top and his bottom games are very closely aligned and that to me is a great indicator of where you sit in the overall scheme of things because the coaches can rely on someone like that, the players have confidence in the way that he is going to play and the supporters know he is giving 100% every time. I think when people look back on Shane's career they'll see a very consistent performer. To me what sums him up as a great player is that I have always believed that every other AFL club would want him, from the moment he started and even now. There are very few players that can go through their entire career and say that was the case.

There are two things that haven't changed over his career and that is his commitment to the Fremantle Football Club and his haircut!

Shane is the first to admit that football wasn't a main priority while studying Mechanical Engineering at UWA and was simply a good way to keep fit.

The likelihood of football becoming more than a hobby started to materialise when he became a regular in Subiaco's league team and as with most things in life timing played a key role.

Shane Parker on... COACHES

Gerard Neesham, 1995-1998 (88 games)

"Gerard definitely brought in new aspects of the game, which are still very much a part of AFL footy and were new back then. Things like two-on-ones and counter-attacks are talked about a lot and they were a way of thinking that he brought in."

The formation of Fremantle in 1994 afforded Shane an opportunity to play in the big time and he was a pre-draft selection in the inaugural team. It was a calculated punt by then coach Gerard Neesham on a skinny half-back flanker but one that has been soundly rewarded.

An Elite Field

Only 20 players from Western Australia have played 200 games or more in the VFL/AFL.

Wayne Richardson (Collingwood)	277
Glen Jakovich (West Coast)	276
Guy McKenna (West Coast)	267
Peter Matera (West Coast)	253
Nicky Winmar (St Kilda)	251
Ashley McIntosh (West Coast)	242
Max Richardson (Collingwood/Fitzroy)	241
Ross Glendinning (Nth Melbourne)	230
Stephen McCann (Nth Melbourne)	226
Drew Banfield (West Coast)*	248
Peter Bell (Nth Melbourne/Fremantle)*	228
Chris Lewis (West Coast)	215
Earl Spalding (Melbourne/Carlton)	211
John Worsfold (West Coast)	209
Daniel Chick (Hawthorn/West Coast)*	207
Shane Parker (Fremantle)*	206
Ben Cousins (West Coast)*	206
Jarrad Schofield (WCE/Port/Fremantle)*	204
Chris Mainwaring (West Coast)	201
Ted Pool (Hawthorn 1926-38)	200

*Active players games after the completion of round 22, 2005.



Picture: Annaliese Frank

Peter Bell on... SHANE PARKER

Shane is a champion bloke and a champion player. I believe that he, along with Dale Kickett, have been the best players to have represented our football club. Shane is a consummate professional and is extremely well liked and respected by everyone here. We know he has been holding up the defence for a long time, undersized and undermanned, but he always gives his best and he has been a great player in the competition.

He has shown wonderful leadership at Fremantle and while he might not say a whole lot actions speak louder than words and that's a pretty powerful statement even though it is a cliché. You know with Shane that he leads by example and when he does speak it has a lot of power and everyone listens accordingly.

While more than 200 games under your belt is testament to longevity so is the fact that Parker debuted against a team that no longer exists (Fitzroy) at a ground that's no longer an AFL venue (Western Oval). Since debuting in Fremantle's first AFL win in round 3, 1995 he has fought each battle with everything he has to give and savoured each of those moments.

"As I get older it's probably the people involved in and around the club that is the most enjoyable. I don't think I necessarily started like that. I was probably more of a task oriented person than people



Shane Parker leads the team off the MCG after his 200th game

Picture: Getty Images



pocket-sized Phil Matera, there isn't a defensive assignment too big or small for Shane Parker.

Jeff Farmer on... SHANE PARKER

Over the years when I was at Melbourne Shane and I built up a rivalry and I knew that every time we played Fremantle I was going to get one of the toughest and hardest defenders in the league. I always knew it was going to be a tough day at the office. Having the opportunity to come home and see first hand what kind of a person he is and how he goes about his football has been great. He is second to none in his preparation and application and one of the most professional at the football club. He certainly doesn't get the recognition through the AFL as to what kind of a person and what kind of player he really is.

"I guess ideally you'd like to be playing on someone your own size. With my height I'm sort of in-between and you tend to find that the good forwards in the competition are either very good tall forwards or very good small forwards so there haven't really been ideal match-ups for me."

"You want to play on the good players in the goal square because it's a good mark as to where you're at as a defender. I've had my fair share of goals kicked against me in games but hopefully I've got it right more often than not and done my job."

"These days I'd prefer to play on the smaller guys than bigger ones but at the end of the day you're playing AFL footy and they're all good players. It doesn't matter if they're big or small."

Matthew Pavlich on... SHANE PARKER

He's one of those guys that you have the utmost respect for. Shane is a relatively quiet guy but his ability to get things done on and off the field and in his preparation was great as a young guy coming to the club. If he feels strongly about something he'll say it. Over the six years I've been here you do hear Shane speak up and when he does you listen because he is so well respected.

For Shane to be the games record holder at the club is an outstanding effort and proves the professionalism with which he approaches every task. To get himself up for all those games over his eleven years, especially through the tough times, can't be underestimated.

I've played on him a couple of times in practise games and he is really an outstanding and tough defender. He's so hard to match-up on because he's strong and really quick but also has a big tank which means he keeps coming at you throughout the entire game. He is a very proud person in terms of his performance and the package that Shane has is a pretty unique and a special one.

Shane's Top 10

In his 200th AFL/FFC game against Carlton at the MCG this year, Shane notched another milestone kicking his 10th AFL goal. Shane's tenth goal broke an 82 game dry spell since his last goal in Round 22, 2001. Here are Shane's Top 10:

Round 17, 1996	
v Sydney, Subiaco Oval.....	2 goals
Round 18, 1996	
v Carlton, Optus Oval.....	1 goal
Round 19, 1998	
v Essendon, Subiaco Oval.....	1 goal
Round 20, 1998	
v Kangaroos, MCG.....	1 goal
Round 1, 2000	
v Geelong, Subiaco Oval.....	1 goal
Round 15, 2000	
v Sydney, Subiaco Oval.....	1 goal
Round 7, 2001	
v Adelaide, AAMI Stadium.....	1 goal
Round 22, 2001	
v Adelaide, Subiaco Oval.....	1 goal
Round 16, 2005	
v Carlton, MCG.....	1 goal

Subiaco Oval is his favoured ground where Shane has kicked six goals while he has scored thirty percent of his goals against Sydney. Over his career to date he has also kicked nine points.

When asked who has been his toughest opponent he wisely answered "probably a lot of them are still playing so I can't really give you one," he said anticipating future battles.

Shane Parker on... COACHES

Chris Connolly 2002- current

"Chris is probably a guy who really thinks about his footy and has his head right in the game. He tries to teach the players to think their way through a situation or a game."

Shane Parker on...

CHANGES AT FREMANTLE

"The biggest thing would have to be the great facilities that we have now. When I first started the training facilities were spread out all over the place. We found ourselves moving around a lot and it was inconvenient but mostly time consuming. Now we have everything here at Fremantle Oval."

oriented. As you get older you appreciate the people you're involved with over the journey and that will probably be the thing that stays with me the most."

Shane Parker on... COACHES

Damian Drum, 1999-2001 (53 games)

"Damian was a hard player and tried to bring that to the way he coached. He was very much into the physical side of things and asserting his authority."

Shane Parker on... COACHES

Ben Allan, 2001 (13 games)

"I really can't remember much of Ben as a coach. He did a good job in getting us up during a very difficult time, but we didn't have him for too long."

Parker is one of only two inaugural players to have served their entire career at Fremantle, the other is Shaun McManus, and has ridden the ups and downs of Fremantle's fortunes for more than a decade.

Standing 190cm and weighing 93 kilos his versatility is his strongest asset. From the towering frame of Matthew Richardson to the

No job too big or small



Shane Parker – Subiaco Football Club

- Colts debut 4 April 1992 v Claremont, aged 19 – it was unusual for players to play their first Colts game at 19, usually 17 years. He played at North Beach Amateurs after junior football (1991).
- In the same Colts team on 4 April 1992 were Sam McFarlane, Paul Ridley, Peter Julian, Jonathon Langer and Scott Gooch. The Coach was Mick Fuller and Claremont defeated Subiaco 18.13 (121) – 5.10 (40).
- Shane played 18 Colts games in 1992 and finished 8th in the Best and Fairest. Shane also played one Reserves game in 1992
- Shane played two League games making his debut on 3 April 1993 v Claremont – Subiaco again lost 14.14 (98) – 8.7 (55). The Coach was Tony Solin. Shane played 16 Reserves games in 1993 and again came 8th in Best and Fairest.
- Shane became a regular in 1994 until early 1996 and has not played with Subiaco since. In 1994 he came 5th in the Subiaco Best and Fairest and polled five Sandover Medal votes. In 1995 he again polled five Sandover votes while in 1996 he polled nine votes.
- Shane has a total of 41 games for the Subiaco Football Club – 1993 (2 games), 1994 (20), 1995 (12), and 1996 (7).

Parker's football outlook is gazing beyond 2005 with the 32 year old declaring his desire to remain a part of Fremantle's exciting future.

"At the moment I'm feeling alright physically and mentally. Most of my inspiration comes from how the guys are performing around me. I can see that there is an opportunity for me to play in a really good side and I wouldn't mind the opportunity to be a part of that. I just hope I'm still good enough to be able to do it.

"I think it wouldn't be unfair to say that our list at the moment is the best it has looked and while some games may have not always gone the way people would have liked I think we're still on track and it's something that motivates me to continue playing."

Shane Parker on... BLACK & WHITE AND PURPLE

"I was a Collingwood supporter before I started playing at Fremantle."

"I was probably influenced by my father in that regard. He's Victorian and when I was growing up he was a strong supporter of the Magpies so I guess I just learnt from him.

"I'm well aware of how quickly things can end, one minute you think things are going all right and the next it is all over so we'll see how we go."

At 32, the sun is setting on a wonderful career but what started as an uncertain journey for a young man has become a beacon for all those that dare to follow.☺

Shane Parker on... GAME DAY PREPARATION

"I like to get outside, whether it's taking the dogs for a walk or going to the beach. If it's a night game I have some lunch and a quick afternoon nap. If we're playing during the day I eat and get to the game a couple of hours before bounce down."

"I try not to give a lot of thought to the game in the lead up on the actual day. Most of that thinking and preparing is done during the week. It's a case of turning up and doing my best."

Docker – celebrating Shane and Shaun's 10th anniversary in 2004



Shaun McManus on... SHANE PARKER

I've been fortunate to have played with Shane for a long time. I didn't know a lot about him before we both arrived at Fremantle but soon learnt that he was a quality person and a terrific footballer who has a lot of pace and skill and is never flustered under pressure. Over the years we have become good friends and he is an inspiration with the way he goes about his football. He's someone to be admired with the way he is so professional about everything he does.

Shane Parker on... NICKNAME – 'SHORTSEY'

"It actually comes from way back when I started training with Subiaco. I had an aversion to wearing footy shorts because I thought they were too small, so I would wear what people considered baggy shorts. From there, as nicknames do, it stuck. I was never much of a fan of the tight shorts. They are much better now."

Shane Parker on... HIGHLIGHT OF FIRST 200 GAMES

"The build-up to our first final in 2003 was bigger than I expected it would be. We had thousands of people here for our Tuesday night training session and then the game itself was really intense and loud. Obviously it didn't work out the way we would have liked but it was quite an amazing experience."

Troy Cook on... SHANE PARKER

It's great for the younger kids who are new into the system to actually take the lead provided by Shane. He is an inspiration to everyone around the Fremantle Football Club and always does everything he can to give himself every chance to play his best footy. We have spent lots of time in the weights room together and you can't shut him up half the time (laughs). I know that most people think he doesn't say that much around the place but that doesn't matter because he leads by example. He's terrific out on the field and really well respected at the club and around the AFL.

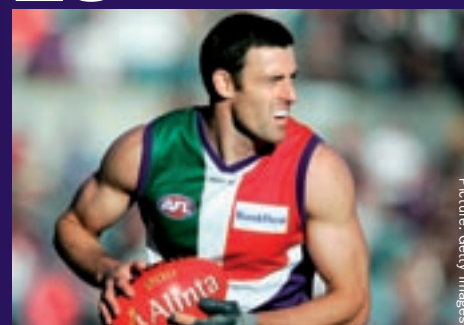
Shane Parker on... LIFE AFTER FOOTY

"I'll probably take some time out to spend with family and friends and enjoy a casual lifestyle."

"Playing a lot more golf is definitely on the cards. I'd like to say I'm really good at golf but I can't because I'm pretty ordinary actually. I think there are a few people that would be in the same boat, it's a pretty hard game to master."

"I'm not sure if I'd like to continue in footy after my playing days are over. I've never considered a senior coaching role or an assistant position. I've seen the pressure that those guys are under so perhaps something at another level would be better suited to me where it can be a bit more enjoyable."

23 SHANE PARKER FREMANTLE FC



Date of Birth:	18 February 1973
Nickname:	Parks or 'Shortsey'
FFC Games:	206
AFL Games:	206
Finals Games:	1
Pre-Season Games:	12
Debut:	Round 3, 15 April 1995 v Fitzroy, Western Oval

Season Games:	
1995	11
1996	12
1997	22
1998	21
1999	22
2000	18
2001	22
2002	21
2003	13
2004	22
2005	22

Career Stats:	
Career Kicks:	1518
Career Handballs:	1050
Career Marks:	709
Career Tackles:	328
Career Goals:	10
Career Points:	9

Game High Stats:	
Disposals:	24 (v West Coast, Round 16, 1996 8 kicks, 16 handballs)
Kicks:	15 (v West Coast, Round 18, 1998)
Handballs:	16 (v West Coast, Round 16, 1996)
Marks:	9 (v Collingwood, Round 8, 1995), 9 (v West. Bulldogs, Round 16, 1997), 9 (v West Coast, Round 18, 1998), 9 (v Essendon, Round 21, 2003)
Tackles:	9 (v Richmond, Round 18, 2003)

Season Highs:	
Kicks:	183 (2004)
Handballs:	138 (1997)
Marks:	92 (2004)
Tackles:	47 (2005)
Goals:	3 (1996)

MILESTONES

The second half of the season saw another four players join Shane Parker to reach career milestones.

18



50 FFC Games

LUKE McPHARLIN

FFC Debut: Round 12, 2002
50 Game Milestone: Round 14, 2005
Games: 12 Hawthorn
58 Fremantle

17



200 AFL Games

JARRAD SCHOFIELD

AFL Debut: Round 11, 1993
FFC Debut: Round 9, 2005
200 Game Milestone: Round 14, 2005
Games: 63 West Coast
131 Port Adelaide, 10 Fremantle

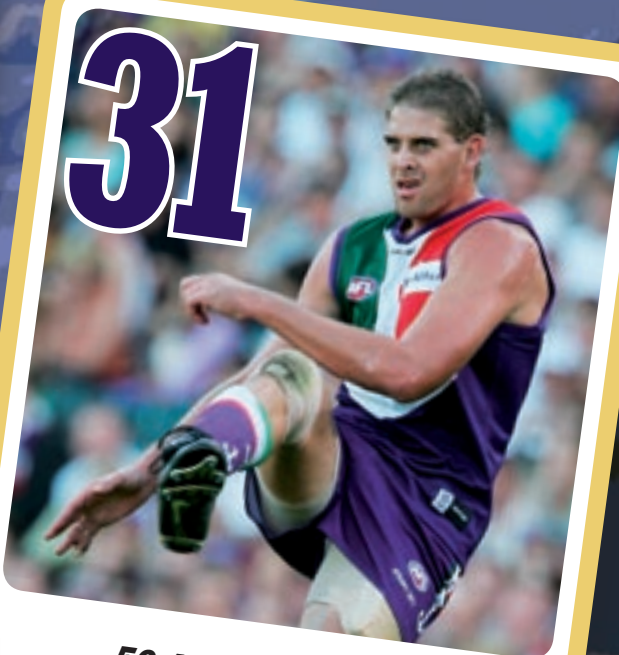
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50 AFL/FFC Games
BYRON SCHAMMER

Debut: Round 1, 2003
50 Game Milestone: Round 19, 2005
Rising Star nomination: Round 13, 2003

31



50 AFL/FFC Games
AARON SANDILANDS

Debut: Round 1, 2003
50 Game Milestone: Round 15, 2005
Rising Star nomination: Round 14, 2003



LONGMUIR

Alzheimer's Golf Day

Ambassadors Paul Hasleby and Justin Longmuir attended the annual Alzheimer's Association Golf Day on Thursday 4th August in a bid to raise awareness of the Association's role in the community.

HELD AT THE fantastic Vines Country Club, the afternoon was full of fun and laughter as both Paul and Justin joined various foursomes on their trek around 18 holes.

Proving in some cases that they are all-round sportsmen, both players met and mingled with the Association's corporate supporters while at other times, corporate teams were forced to question the players' golfing abilities.

Although unsuccessful in achieving a hole-in-one at the car giveaway hole, both Paul and Justin enjoyed the opportunity to spend a relaxing afternoon at the gorgeous Vines Resort.



Speaking at the Golf Day, Justin Longmuir said he was proud to help Alzheimer's Association WA (AAWA) in their efforts to raise their profile.

"It's been a great day for Paul and I to meet some of the supporters of Alzheimer's and to try to encourage people to get involved in the Association," he said.

"It is pretty hard for Alzheimer's to get sponsorships, so if we can help them even just a little bit in attracting some, then we will try to do that."

Records break for Guide Dogs WA

MORE THAN 30,000 people attended the 2005 Patersons Guide Dogs Game at Subiaco Oval, which saw Patersons, The Australian Stockbroker join forces with the club to raise much needed funds for the Guide Dogs Association WA.

Thanks to the fantastic support of Fremantle members and supporters who were there to see the team defeat the Western Bulldogs, Guide Dogs WA reported a record result of more than \$9,700 being raised.

Guide Dogs representatives and Patersons staff and volunteers were pounding the pavement shaking their tins before the game and it is anticipated that the funds will go towards the training of guide dogs for visually impaired Western Australians.



Alzheimer's Australia WA Morning Tea

AMBASSADOR OF THE club's aligned charity Alzheimer's Australia WA, Paul Hasleby attended the annual Alzheimer's Australia WA Corporate Morning Tea on Thursday 28 July 2005, at Subiaco Oval.

Aimed at educating potential sponsors of Alzheimer's Australia WA (AAWA) about the dementia epidemic in Australia, the morning tea was a fantastic opportunity for WA's corporate community to learn of the important role that AAWA plays within the community in a casual and relaxed environment.

Guests were presented with a 'Memory Message Cookie' – a fortune cookie containing individual messages and facts about Alzheimer's disease. Fremantle Chief Executive Cameron Schwab spoke about the club's role in assisting AAWA achieve their objectives and AAWA member Jenny Watt spoke of her journey dealing with Alzheimer's since her husband was diagnosed at 52 years of age.

Fremantle player Paul Hasleby said he was excited about assisting AAWA in its quest to attract corporate sponsors to the organisation.

"Part of our role as Ambassadors of the club's partnership with Alzheimer's Australia WA is to help increase the awareness of dementia and the effects it has on families all around the country," he said.

"The morning tea was a great chance for the Western Australian corporate sector to really see the role that the Association plays in the community and just how much they are helping people with dementia and their families."



Celebrating Cerebral Palsy Week

DURING AUGUST THE Cerebral Palsy Association of Western Australia, one of the club's aligned charities for the 2005 season, held it's annual Cerebral Palsy Awareness Week in order to celebrate the achievements of people living with cerebral palsy, raise awareness, understanding and acceptance of cerebral palsy, provide a forum for people with cerebral palsy to exchange ideas, offer an insight to living with a disability and to update on innovations in the disability sector. The theme for the week was "Speaking Out". It was all about giving people with cerebral palsy a chance to have a voice and be heard on a range of issues that affect them and

the people who support them. The focus was on breaking down barriers and promoting inclusion of people with all forms of disability in their local communities.

As Fiona Given, an inspirational woman who has cerebral palsy and a CP Week keynote speaker, said, "People with CP need a voice of their own. We need to be able to express our opinions, articulate our dreams and make our own decisions..."

The week was a great success with over 400 people attending a wide range of thought provoking, and sometimes controversial, seminars and workshops that were designed to educate, challenge and inspire.



If you would like to learn more about cerebral palsy and the great work of the Cerebral Palsy Association visit their website at www.cpawa.com.au. To make a donation to the Association, call 9443 0230.

Bravery Awards



THE FREMANTLE Football Club joined with the Paediatric Ward at Fremantle Hospital on Tuesday 26 July to hold the annual Bravery Awards at Fremantle Oval.

The awards mark the amazing strength and determination of the children who pass through the hospital's wards each year.

The club and Fremantle Hospital have an on-going relationship that has existed since the formation of the club in 1995 and the Bravery Awards have become a feature of that unique relationship over the years.

This year, the tenth year of the awards, children from other hospitals across the South Metropolitan Area Health Service were also recognised with kids from Armadale-Kelmscott Memorial Hospital and Rockingham/Kwinana District Hospital both being nominated.

Club President Rick Hart welcomed the recipients and their guests and Fremantle Player Welfare Manager Lee Walker presented each of the 12 patients with awards for their bravery during hospitalisation.

Players Graham Polak, Aaron Sandilands, David Mundy and Paul Medhurst then presented the children with Fremantle packs, which included tickets to the Richmond game, movie tickets and their Bravery Certificate.

Fremantle Football Club player Paul Hasleby said that the bravery shown by the children was great inspiration for him and his team-mates.

"These kids are truly amazing," he said.

"What they go through really puts things into perspective and if we can draw even just a little bit of their courage and determination... it would be great."

This year's recipients of awards were: Jonathon Butterfield of Bunbury, Adrian Giannini of Mandurah, Michael Horsten of Jandakot, Grant Stagg of Gosnells, Nikki Cox of Spearwood, Dylan Tate of Bicton, Caitlin McDonald of Port Kennedy, Rahnuma Islam of Langford, Connor Clifton of Baldivis, Emily Dean of Mandurah, Nathan Johns of Banjup and Michelle Dale of Parkwood.

Congratulations to each of you for being recognised for the spirit and courage that you have shown in the face of adversity.👏

Photos by Peter Northcott



Round 15 not only delivered a resounding 53 point home win against the Western Bulldogs, it also delivered the rare feat of having the round nominations for Mark of The Year and Goal of The Year in the one game. Both these memorable moments were achieved in the first quarter when Paul Hasleby took a screamer in the forward pocket with 13 minutes to go in the quarter and then seven minutes later Brett Peake kicked his first AFL goal and, as commentator Gerard Healy said during the game call "combined a dummy and shimmy" to produce the Goal of The Year nomination.

Memorable Moments



MARK OF THE WEEK ROUND 15

Picture: Getty Images



ROUND 1, v PORT ADELAIDE

Dodd is set to become my new favourite. I can tell. He has all the credentials – he's a fair size, has some toe and zip, he's from East Fremantle and he's plainly mad. In the few minutes he had on the field, he ran around getting into more action than a dog just let out of the car on a family holiday.

ROUND 4, v RICHMOND

To get the full flavour of this match report, you should read it in the same conditions in which I watched the game. Take your cursor to the far right. Now click the arrow down on the scroll bar. Keep your finger on the internet version of the fast forward button. Now swear. A lot. When you get to the bottom, stalk out into the garden and chop down the nearest tree.

ROUND 5, v CARLTON

Scott "Rash" Thornton was pick 66 in the 2000 draft and didn't debut until 2002. To me he showed all the promise of an unpeeled carrot but someone put faith in him. He broke a leg at some stage and came down with a mystery illness at another. The illness was a wasting disease and wasting is something he can ill afford to do. It's like asking a matchstick to diet. But I think it is fair to say he has come good.

ROUND 6, v MELBOURNE

I love a shootout. I love completely overlooking the fact the opposition kicked 20 goals on you – because you kicked 22. Beating a team while playing their style of game, at their home ground and on their terms, is so sweet it should be illegal. Their fullforward kicks six, their CHF kicks five and their second tall forward kicks five and you're laughing. You're laughing because you went further. It's the risky, giddy thrill of climbing higher because you can, of taking extra steps beyond someone who has performed their best, maybe even jumping a little bit at the end, throwing yourself out there, because really all you can do is fall – and if you make it... well, if you make it, you are the king.

ROUND 6, v MELBOURNE

When David "King Kong" Mundy looks back at the tape of the first game he played as a Freo Docker, he's going to see this wobbly, old, floating punt he sent skyward. He's going to see it carry like a plastic bag over a deserted shopping centre carpark, floating like it forgot to come down, and then he's going to see it land neatly in the hands of the future of light entertainment, the new king of rock and roll, Luke "Elvis" McPharlin.

ROUND 9, v HAWTHORN

When you become part of a football club, you take part in its fortunes – or lack thereof – in a way that beggars rational belief. We are, for all of our technological wizardry and theoretical sophistication, pretty simple creatures who like nothing better than to bash the bejesus out of the mob from over the hill. For idiotic reasons no doubt invented by people not very good at bashing, we have outlawed this simple pleasure and instead we have proxies go out and do it for us in a legally sanctioned way. These proxies are the incarnation of some pretty primitive desires. To be faster, bigger, stronger, smarter, better. They are often the only way the couchbound exact revenge on a life that will never involve being "er" at anything. When these proxies let us down, when these avatars of our monstrous desires fail us, they do more than lose a game. They lose a little bit of us. Be it three hours of our time, thirty of our dollars or, more importantly, some pride and some happiness, we lose something.

ROUND 10, v GEELONG

I said a couple of years ago that Hase has hands strong enough to tear the kangaroo off a passing Qantas jet. Well, they're more than that. They're weirdly swift and precise in close. He could probably reach into the jet, nick some stuff off the drinks trolley and grill himself a chop.

ROUND 11, v BRISBANE

There was a guy sitting in front of me, obviously out of his head with pain, frustration and watered-down beer, raving about some gambling conspiracy. "It has to be!" he would scream. "They're on the punt, it's the only explanation." His ravings were the sound of hope twisted beyond all recognition.

ROUND 12, v SYDNEY

Some losses are harder to take than a morning shower in winter. We've had a couple this year that slipped down like the cigarette butt you forgot you dropped in your beer but this wasn't like that. It was as palatable as a loss gets but only because the players actually had a dip.

ROUND 15, v WESTERN BULLDOGS

Last week Cookie cannoned into Rhett Biglands and floored the big fella. He sped into frame like some sort of comic-book agent of vengeance and smashed Biglands. Just smashed him. One minute Rhett is happily lumbering along and the next thing you know he is flat on his back with birds circling his head and crosses on his eyes... I was going nuts at home then and, if I knew what he was going to get up to this week, I would have invested in a new VCR. I nearly wore the heads out going through Cookie's greatest hits.

ROUND 16, v CARLTON

Poor old Fevola. By the time he got to play on Matthew Pavlich he had been run ragged by 200-gamer Shane Parker. Shane Parker, or "Shortsy," is 32. He's suffered enough mental stress to have aged him roughly twice that. For ten years he has been the last line, the Twig of Integrity, in a backline that has seen more punishment than a pub dartboard. For ten years he has toiled manfully at any task set him. He's stood the gorillas. He's run with the monkeys. From Phil Matera to Matthew Richardson, he has buckled down and silently got to work.

ROUND 16, v CARLTON

Shane Parker is called Shortsy because he didn't like the tight football shorts still in vogue in the early nineties. He much prefers the roomy, sensible shorts available today. Brendan Fevola would play in a sequined g-string if Denis Pagan let him.

ROUND 17, v MELBOURNE

It began when young David Mundy selflessly placed himself in front of David Neitz each time Neitz charged forward. The Melbourne captain had looked like he was going to get away from Shane Parker, just getting out of the patented vice-like grasp of Action Man (now with NEW added features!). Mundy positioned himself to the side of the hole Neitz was running into and casually dropped his lithe frame into it whenever necessary to do so. That sounds easy but the comparison between Mundy and Neitz, in weight and size, is the comparison between wallpaper and War and Peace. Neitz was forced to pull up short each time he saw Mundy float into view but if he had continued his charge, chances are we could have spent the rest of Sunday looking for bits of Mundy.

ROUND 18, v COLLINGWOOD

So any criticisms about Sunday's game as a visual spectacle can be addressed to whoever works out the Collingwood game plan these days. The game was played on Collingwood's terms and that's why it was so sweet that we

won the thing. Complaining to me about the overall quality of that game is like complaining that Douglas Wood's first post-rescue beer was poured a bit wrong. It looked fine to me.

ROUND 19, v RICHMOND

I hate watching a game where the ball gets knocked out of bounds thirty odd times up and down twenty odd metres of turf. If I wanted to watch that, I would have cultivated ruddy cheeks and an overbite, worn natural fibres and sought out a prospective partner from among my relatives, what ho, old chap. Or I would have joined the Force.

ROUND 20, v WEST COAST

When sufficiently aroused, I could shout for Australia. Believe me. Within this urbane and genteel exterior pumps pure sergeant-major blood. I feel the anger only white middle class men who have priced themselves out of the market for extreme emotion can feel. And, in a circumstance like Friday's capitulation, I wouldn't mind letting it out for a spin.

ROUND 21, v ST KILDA

I wasn't even going to go to that game. Regular readers will know I have been toiling in the backyard, engaged in my own recreation of a home reno program, and five o'clock Friday night saw me watering in my freshly laid lawn, as exhausted as Eddie McGuire's cliché bank and looking for a nice cup of tea and a lie-down – for three or four days. My wife, keen on avoiding my litany of aches and pains, reminded me that the game was a Friday night one and if I stayed at home to watch it, I would have to listen to the Friday Night Football commentary team. These chaps have remarkable form in ruining my enjoyment of the footy. Their coverage goes on, all fake excitement and useless analysis, until the wee hours; a veritable desert of magnificence. I am normally in bed by the time Mr McGuire has told the "story so far" for the fiftieth time, confident that Saturday's paper will tell me the result sooner than they will.

ROUND 21, v ST KILDA

Riewoldt comes with a fair reputation. He is the Great Ultrawhite Hope, able to take a shot on goal in one second and then bob up marking in the backline in the next. Unfortunately for him he left his kicking boots at home or on the plane or around at a mate's house because he had an ordinary sort of an evening by foot and was thoroughly outganged in the air by Rash Thornton for most of the evening. Rash robbed him in pretty much every marking contest and would quite easily have stolen his mantle of Milky Bar Kid if we were all at primary school and people still said things like that. Anyone looking just at the stats would have wondered where Rash was for most of the evening. He racked up a monstrous 4 handballs and one mark for the entire game. Total. Of course there are no stats for "casually robbed," "hilariously outganged" or "made look ordinary". Like the Channel Nine cameras, official statistics don't show very much of the total story at all.

ROUND 21, v ST KILDA

There really is room for all types on a footy field. Thornton and Riewoldt, for example, are tall, attractive, uberblonde specimens with flowing white hair and rude good health. At least, between them, they have these qualities. And then you have Fraser Gehrig. One really has to ask what Frase has been up to since, as an Eagle, he was regularly heckled by his own fickle feathered followers. Apart from benchpressing small African nations and eating larger ones, that is. ☐

Keeping track

Global Positioning Systems (GPS) have come a long way over the years. While the technology continues to bring ships safely into port and help off road enthusiasts back onto our highways, GPS has now found its way into the AFL.

FREMANTLE IS ONE of a number of clubs throughout the competition that are using the GPS system to help monitor player performances on the training track and during games.

Locator beacons about the size of a pack of cards are fitted to players and unobtrusively sit under their jumpers behind the neck. When switched on it automatically links them to the GPS satellites hovering in space and pin points their location on the footy field.

It's a big leap forward for the club and gives conditioning staff greater access to information on nearly every aspect of a player's physical performance on the field.

"At the moment there is very little published research about the specific demands put on players during a game," said Strength and Conditioning Coach Ben Tarbox.

"Collating that sort of data allows us to tailor a program that fully prepares each player for the season."

Fremantle has been using the technology since early in the new-year when eight clubs were given permission to trial the technology during the pre-season. Their findings were then presented to the AFL and so pleasing were the results that the league granted permission for GPS trackers to be worn during regular season games.

While the GPS data is not yet available in 'real-time' Tarbox believes it won't be long before the system is able to provide information to coaches during games.

"We're hoping in the next two or three years we'll be able to get real-time telemetry from the players during a game."

"The size of the tracker will undoubtedly become smaller and in the future players will be monitored through a chip in their boot or something like that," he said.

It's this type of cutting edge of technology that gives Fremantle a competitive advantage in the long term decision making and conditioning of players.

"At the moment we're targeting specific areas of the ground."

"For example we can track what Matthew Pavlich does at half forward and gain a better understanding of the pressures that are put on his body."

"He might do forty or more 50 metre sprints throughout a game and with that information we'll know not to do high intensity sprint training with him on Monday morning," Tarbox said.

The club has been using the GPS technology in conjunction with more traditional heart rate monitors and have been delighted with the data collected.

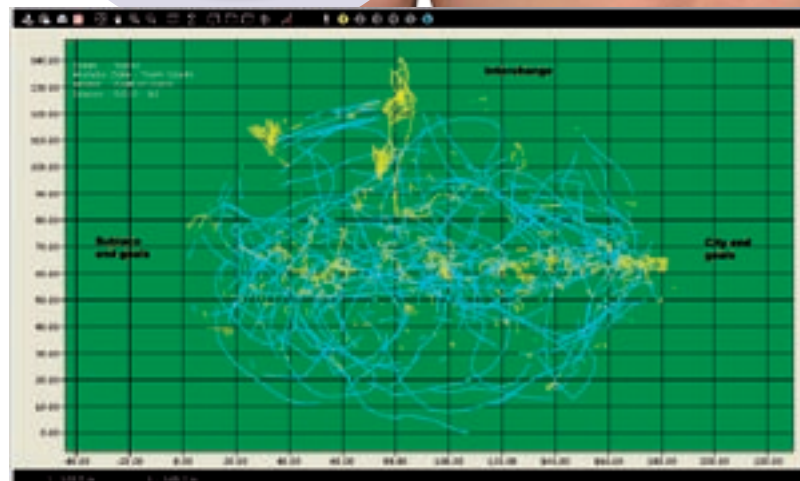
"We're getting a physiological profile that has started to build a really good picture of how individual players react during a game."

"Using the system throughout the regular season will allow us to go into 2006 with our eyes wide open and with a vast amount of useful information. It will really help the players and the club manage the demands of an AFL season," Tarbox said.📍

GPS sports unit that communicates with satellites and records data



GPS unit strapped to a player's back



GPS Player running map

Player: Byron Schammer

Game: Round 15 v Western Bulldogs at Subiaco Oval

Position: Back Pocket

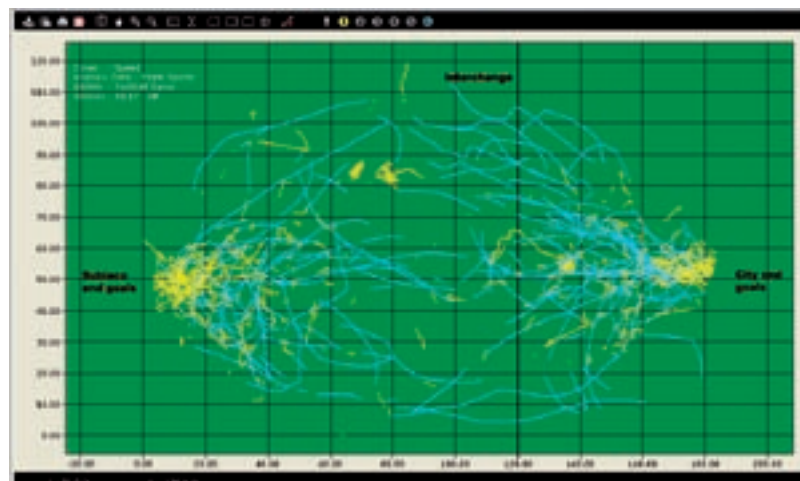
Blue lines: High intensity running/sprints.

Total = 8.0km

Yellow lines: Jogging/walking (including high intensity physical output eg tackling & marking).

Total = 7.0km

Overall game total: 15km



GPS Player running map

Player: Luke McPharlin

Game: Round 17 v Melbourne at Subiaco Oval

Position: Full Forward

Blue lines: High intensity running/sprints.

Total = 8.5km

Yellow lines: Jogging/walking (including high intensity physical output eg tackling & marking).

Total = 3.5km

Overall game total: 12km

2 HEALTH BLACK







SANDILANDS

STATISTICS AFTER ROUND 22

Ladder Position: 10th

Wins: 11

Losses: 11

Draws: 0

Ave Winning Margin: 32 pts

Ave Losing Margin: 31 pts

Ave Score For: 92.8 pts

Ave Score Against: 92.6 pts

Ave Home Crowd: 35, 224

Ave Away Crowd: 27,414

PLAYED ALL 22 GAMES

Josh Carr Paul Hasleby
Heath Black Scott Thornton
Shane Parker Matthew Pavlich
Paul Medhurst

PREMIERSHIP LADDER 2005

	P	W	D	L	F	A	%	Pts
Adelaide	22	17	0	5	2070	1517	136.45	68
West Coast	22	17	0	5	2261	1824	123.96	68
Sydney	22	15	0	7	1974	1696	116.39	60
St Kilda	22	14	0	8	2407	1806	133.28	56
Kangaroos	22	13	0	9	2053	2069	99.23	52
Geelong	22	12	0	10	2134	1906	111.96	48
Melbourne	22	12	0	10	2171	2266	95.81	48
Port Adelaide	22	11	1	10	2028	2066	98.16	46
Western Bulldogs	22	11	0	11	2385	2351	101.45	44
Fremantle	22	11	0	11	2041	2038	100.15	44
Brisbane	22	10	0	12	2139	2164	98.84	40
Richmond	22	10	0	12	2022	2190	92.33	40
Essendon	22	8	0	14	2118	2302	92.01	32
Hawthorn	22	5	0	17	1904	2317	82.18	20
Collingwood	22	5	0	17	1884	2425	77.69	20
Carlton	22	4	1	17	2016	2670	75.51	18



Picture: Getty Images

MILESTONES (FROM ROUNDS 14 TO 22)

Luke McPharlin played his 50th FFC Game in Round 14 against Adelaide

Jarrad Schofield played his 200th AFL Game in Round 14 against Adelaide

Aaron Sandilands played his 50th FFC/AFL Game in Round 15 against Western Bulldogs

Shane Parker played his 200th FFC/AFL Game in Round 16 against Carlton

Matthew Pavlich kicks a career high 9 goals in Round 16 against Carlton

Byron Schammer played his 50th FFC/AFL game in Round 19 against Richmond

FIRSTS (FROM ROUNDS 14 TO 22)

Brett Peake kicks first AFL goal in Round 15 against Western Bulldogs

David Mundy kicks first AFL goal in Round 19 against Richmond

CLUB RECORDS (FROM ROUNDS 14 TO 22)

Matthew Pavlich sets record for most consecutive games for Fremantle (89) in Round 14 against Adelaide

Matthew Pavlich kicks most number of goals (8) by a Fremantle player against Adelaide in Round 14

Luke McPharlin equals club record 5 goals against the Western Bull Dogs in Round 15.

Matthew Pavlich kicks most number of goals (9) by a Fremantle player against Carlton in Round 16

Seventh Highest score in Fremantle's history (24.8) in Round 16 against Carlton

Sixth consecutive win against Carlton – the highest against any club

Best score at the MCG (152) in Round 16 against Carlton

Highest home crowd against Richmond, 36,026 in Round 19

Equal club record of five consecutive wins Round 15 to Round 19, 2005

Highest away crowd against Port Adelaide at AAMI Stadium 41,518 in Round 22

THE TOP 5'S

Goals	Total	Avg Per Game
Matthew Pavlich	61	2.8 (22 games)
Jeff Farmer	35	1.8 (19 games)
Luke McPharlin	34	1.8 (19 games)
Paul Medhurst	27	1.2 (22 games)
Des Headland	20	1.3 (15 games)

Disposals	Total	Avg Per Game
Heath Black	480	21.8 (22 games)
Paul Hasleby	453	20.6 (22 games)
Josh Carr	444	20.2 (22 games)
Peter Bell	422	23.4 (18 games)
Matthew Pavlich	372	16.9 (22 games)

Kicks	Total	Avg Per Game
Heath Black	329	15.0 (22 games)
Matthew Pavlich	271	12.3 (22 games)
Josh Carr	269	12.2 (22 games)
Peter Bell	251	13.9 (18 games)
Paul Hasleby	225	10.2 (22 games)

Handballs	Total	Avg Per Game
Paul Hasleby	228	10.4 (22 games)
Josh Carr	175	8.0 (22 games)
Peter Bell	171	9.5 (18 games)
Troy Cook	164	8.2 (20 games)
Heath Black	151	6.9 (22 games)

Tackles	Total	Avg Per Game
Josh Carr	85	3.9 (22 games)
Troy Cook	84	4.2 (20 games)
Paul Hasleby	72	3.3 (22 games)
Peter Bell	69	3.8 (18 games)
Antoni Grover	47	2.5 (19 games)

Marks	Total	Avg Per Game
Matthew Pavlich	178	8.1 (22 games)
Heath Black	112	5.1 (22 games)
Justin Longmuir	107	5.1 (21 games)
Luke McPharlin	104	5.5 (19 games)
Antoni Grover	97	5.1 (19 games)

Hitouts	Total	Avg Per Game
Aaron Sandilands	396	22.0 (18 games)
Justin Longmuir	214	10.2 (21 games)
Michael Johnson	18	1.8 (10 games)

Frees for	Total	Avg Per Game
Justin Longmuir	29	1.4 (21 games)
Matthew Pavlich	27	1.2 (22 games)
Josh Carr	26	1.2 (22 games)
Peter Bell	24	1.3 (18 games)
Aaron Sandilands	23	1.3 (18 games)
Paul Hasleby	23	1.0 (22 games)

ROUND 14 v ADELAIDE

Sunday 3 July 2005, AAMI Stadium, 12.40pm

Fremantle	2.1	3.2	8.3	14.4	(88)
Adelaide	5.3	8.8	13.10	14.10	(94)

Goals: Pavlich 8

Kicks: Black 23

Marks: Black 12

Handballs: Hasleby 16

Disposals: Black 35

Milestones: Matthew Pavlich consecutive games record (89)

Jarrad Schofield 200 AFL Games

Luke McPharlin 50 FFC Games

Crowd: 41,794

ROUND 15 v WESTERN BULLDOGS

Sunday 10 July 2005, Subiaco Oval, 2.40pm

Fremantle	4.4	11.5	16.10	22.13	(145)
Bulldogs	3.3	10.8	12.10	13.14	(92)

Goals: McPharlin 5

Kicks: Black 21

Marks: Dodd 9

Handballs: Hasleby 15

Disposals: Black 30

Milestone: Aaron Sandilands 50 AFL Games

Crowd: 30,991



Picture: Getty Images

ROUND 16 v CARLTON

Sunday 17 July 2005, MCG, 2.10pm

Fremantle	8.3	15.3	19.7	24.8	(152)
Carlton	4.3	9.4	11.9	17.15	(117)

Goals: Pavlich 9

Kicks: J. Carr 16

Marks: Pavlich 9

Handballs: Thornton 17

Disposals: J. Carr 32

Milestone: Shane Parker 200 AFL/FFC Games

Crowd: 16,076

ROUND 17 v MELBOURNE

Sunday 24 July 2005, Subiaco Oval, 2.40pm

Fremantle	4.2	7.4	11.8	15.11	(101)
Melbourne	4.4	7.7	10.8	11.10	(76)

Goals: McPharlin 4

Kicks: Black 24

Marks: Hasleby 8

Handballs: Hasleby, J. Carr 11

Disposals: Black 31

Crowd: 31,028

ROUND 18 v COLLINGWOOD

Sunday 31 July 2005, MCG, 2.40pm

Fremantle	4.3	7.3	10.5	15.8	(98)
Collingwood	2.4	5.8	9.11	12.13	(85)

Goals: Pavlich 5

Kicks: Bell 17

Marks: Grover 10

Handballs: J.Carr 13

Disposals: Bell 28

Crowd: 26,586



Picture: Getty Images



Picture: Getty Images

ROUND 19 v RICHMOND

Saturday 6 August 2005, Subiaco Oval, 5.40pm

Fremantle	1.4	5.6	10.9	13.15	(93)
Richmond	2.3	4.7	7.9	9.12	(66)

Goals: Pavlich 4

Kicks: Headland 19

Marks: Mundy 11

Handballs: Hasleby 18

Disposals: Hasleby 30

Milestone: Byron Schammer 50 AFL/FFC Games

Crowd: 36,026

ROUND 20 v WEST COAST

Friday 12 August 2005, Subiaco Oval, 6.40pm

Fremantle	2.1	5.2	7.4	12.8	(80)
West Coast	5.4	12.7	18.11	19.14	(128)

Goals: Pavlich, McPharlin 3

Kicks: Black 17

Marks: Black 8

Handballs: Grover 10

Disposals: Black 25

Crowd: 40,720



Picture: Getty Images

ROUND 21 v ST KILDA

Friday 19 August 2005, Subiaco Oval, 6.40pm

Fremantle	5.2	7.2	8.6	12.8	(80)
St Kilda	4.2	9.3	11.4	11.9	(75)

Goals: Pavlich, McPharlin 4

Kicks: Hasleby 18

Marks: Grover 10

Handballs: Hasleby 13

Disposals: Hasleby 31

Crowd: 38,057

ROUND 22 v PORT ADELAIDE

Saturday 27 August 2005, AAMI Stadium, 7.10pm

Fremantle	6.3	8.5	9.7	11.9	(75)
Port Adelaide	4.2	7.6	11.10	18.12	(120)

Goals: Bell, Farmer 2

Kicks: Walker 15

Marks: Schammer 9

Handballs: Hasleby 14

Disposals: Bell 23

Crowd: 41,518

Bryan "Strauchanie" Strauchan

Facing 20

Docker fires 20 to the AFL's newest sensation.

Age: undisclosed
Playing History: Nil

hair". It's more important than some people think. I'm surprised Phil Matera gets a game sometimes.

Can you tell Docker a bit about yourself, your family and upbringing?

I was born in Horsham. My father Roy Strauchan invented Physical Education. Up until then the Government believed you couldn't be taught how to throw a netball or catch a javelin but Dad saw the potential. He's retired now after he suffered a world record 43 strokes in June 1997. My mother, Sim Yo Strauchan, is a very special lady, she's Asian, the Chinese kind, and she teaches a very special form of martial art, Kung Chee, it's like Kung Fu but relaxing at the same time. Very popular with Asian pensioners.

How important is your diet as a professional footballer?

I am the first to admit that before I made it to Collingwood I would occasionally eat badly. Popcorn chicken nearly killed me. Luckily for me Mum has me on a very special diet of San Choi Bow, Lemon Chicken and Bok Choy. Although, last week I was drug tested and WADA said I had dangerous levels of MSG in my bloodstream and are considering making it a banned substance.

Do you have to work hard on your skills?

You've seen me play. Enough said.

How do you cope with the pressures of stardom?

I embrace it. We all play Australian Rules Football to be famous all around the world. If I can't walk down a street in London or New York without being recognised then fair enough, this is the life I chose. It's my bed, I'll lie in it... actually it's a futon but the point still stands.

Does having a peanut allergy restrict your training and playing at all?

Only if Snickers Bars are involved.

Which footballer have you modelled your game on?

Clive Waterhouse.

Who is your favourite superhero?

Clive Waterhouse.

Are you planning to release your autobiography soon?

There have been offers. I would love to see my life in print in an autobiography so if someone out there wants to write it, I'll endorse it. It could get very political though, from my run-ins with Mick Malthouse to my views on the Chinese Government, it would be a fascinating read. I would probably put in a few jokes too, to lighten the mood a bit.

What was the highlight of your junior footy days?

I played on Daniel Wells once at a Junior Carnival and I burnt him for speed, he was like "who was that?" I was just a blur. Sure he had just done his hammy but the story still stands.

What's more important to you, individual awards or team success?

Team success would be nice but it has not

been provided so I'll take the individual awards and then maybe that would inspire my team mates to get their fingers out and maybe then we could get some team success. That's the way Strauchanie thinks, two birds, one stone... although I do not condone cruelty to any animals big or small.

Are you skilled in any other sports?

All of them.

What is your most embarrassing moment?

One time at this Junior Football Carnival I was matched up on Jonathon Brown. I was more embarrassed for him. He had no clue on how to handle Strauchanie's pace, speed or quickness.

If you could invite 3 people to dinner, who would they be and why?

Nelson Mandela, Kofi Annan and Ed Phillips from Temptation.

What are your ambitions after your footy career is over?

Speak out against the Chinese Government, they've had it too good for too long. I would also like to get into movies, I am currently writing a script for 'Dirty Dancing 3'. Swayze Out: Strauchan In. And I'll probably get a hotter chick to play Baby, maybe Hilary Duff.

What is your advice for young fans who want to follow in your footsteps?

Probably unrealistic to follow in Strauchanie's footsteps, lower your expectations. Set achievable goals, avoid disappointment. ☹



You have become footy's newest superstar. What do you put your new found fame down to?

Hard work. Nobody works harder than I do. It comes from my mother's Asian background, she's a hard worker and wise, it's a lethal combination. Not many people know this but Mick gives me permission not to listen to his coaching address, he lets me complete a Sudoku puzzle at half time. Mick knows with me, it's between the ears and wants me to work on that.

How did you end up at Collingwood?

Being the last pick in the draft a lot of people assumed I was a "risk" but there is nothing surer in AFL football than Strauchanie playing football for a long time. There are 15 club talent scouts who would have red faces right now because they overlooked me. Why? Because I have a peanut allergy, I am literally a Snickers Bar away from death, which makes me exciting to watch.

Has it been disappointing that you have not made your debut yet for Collingwood?

Yes and No. Yes, it is because I know if I had played we would have been top two, that is an undisputed fact. No, in the sense that not playing has really freed up my weekends. I've joined a Book Club that meets on Saturday afternoons so it's been quite convenient for me. My favourite books are the ones they get from movies, like 'To Kill A Mockingbird', because it's much easier to watch a movie than read a book... unless the movie has subtitles, that's crazy, I say if you don't speak the language, change the channel.

Would you consider a move to another club to make your AFL debut?

There has been interest, especially from the Dockers. It would have to be the right deal. I was very impressed with Chris Connolly's vision for the future, it broke my heart to think I would probably have to sack him in order to be captain/coach at Freo.

How important is the way you look, especially your hair?

Look at the gun AFL players of the past few years. Strauchanie, the Clokes, Clive Waterhouse we all have one thing in common, a bit of flair... and as we all know the word "flair" comes from the term "flamboyant



Fremantle's Big Catch

Throughout the club's history a raft of young and exciting talent has come through the ranks. This season was no exception with four players making their debut and a 'Rising Star' nomination being received. It went to a young defender that goes by the nickname 'Barra' and who's proving more than a handy catch.

DAVID MUNDY

Debut: Round 6, v Melbourne at the MCG

Rising Star Nomination: Round 14 v Adelaide

Games: 17

DAVID MUNDY WAS thrust into the AFL spotlight in Fremantle's round six clash against Melbourne at the MCG and has played every game since. His solid form in the heart of defence was recognised with an AFL Rising Star nomination in round 14.

It certainly wasn't something he had contemplated after admitting he was more than a little surprised when told by Senior Coach Chris Connolly he'd be making his debut.

"I was over the moon to get my opportunity to play AFL which I had dreamt about since I was a kid. We were in a team meeting and Chris told me in front of all the boys and they were all really encouraging," Mundy said.

"It was a bit daunting playing on the MCG for my first game but at the same time a great buzz. It has been a bit of a surprise how I came into the side and was able to get some touches. I suppose in the pre-season practice matches I was able to get some confidence and when I made my debut I drew on that and things have turned out alright."

"It is great to receive individual honours but it's a team game and success in the team is my main driving force," he added.

Originally from Seymour in country Victoria, Mundy was drafted from the Murray Bushrangers with Fremantle's third selection,

number 19 overall in the 2003 AFL draft.

The self-confessed country kid has adapted quickly to moving across the country and to life in the big city.

"It was a bit daunting to begin with. It was one of two teams that was the furthest from where I grew up. I think my Mum took it the hardest but I was just excited about getting an opportunity and if that was in Perth or Melbourne it didn't really matter.

"Mum and Dad came over a few times last year and I had a chance to go home during the mid-season break.

"Now that I'm playing in the senior team I can see them each time we're in Melbourne and Mum was able to come to Sydney when we played up there."

The 2003 AFL draft also saw Ryley Dunn (selection 10), Ryan Murphy (selection 12), Adam Campbell (selection 27) and Brett Peake (father-son selection) arrive at Fremantle.

"It made the initial adjustment a lot easier and we're all pretty close and do things away from football together. It has been good and definitely helped with the adjustment of moving to another state," said Mundy.

His first season in Western Australia was spent playing for WAFL club Subiaco under the watchful eye of Lions coach Peter German. The young defender believes it was a crucial part of his football development and a big part of his current success.

It was an enjoyable year at the Lions for Mundy where he learnt to play across half-back and played a significant role in the club's Premiership.

Since arriving at Fremantle Mundy has grown three centimetres (now measures in at 191cm) and filled out his frame. With his stature growing on and off the field it was only a matter of time before he graduated to senior ranks.

"He's had a fantastic season," said Senior Coach Chris Connolly. "We think he is going to be a very important part of the future."

The 19 year old is rated as one of the club's most natural defenders who can read the play and execute skills under pressure. It's this trait that has seen him thrust into the crucial role of kicking in.

"He's a natural reader of the play and has a lot of composure when he has the ball and is a good kick," Connolly said. "The way football is going, in terms of being a high possession game, those kinds of abilities are really important."

With injuries to several of the club's regular defenders and Luke McPharlin's move into the forward line Mundy has been part of a young back line that has grown together as the season progressed.

"It's a great challenge to take on some of the more senior guys in the other teams but we don't really think about the fact that we have got several young guys down there and try our best on every occasion. To have someone like Shane Parker to give you guidance is terrific as well," he said.

Fremantle's rising star nominees

1995	Rnd 10	Shaun McManus
	Rnd 16	Craig Callaghan
1996	Rnd 2	Daniel Bandy
	Rnd 4	Greg Harding
	Rnd 14	Kingsley Hunter
	Rnd 20	Luke Toia
	Rnd 22	Craig Callaghan
1997	Rnd 5	Heath Black
1998	Rnd 4	Jess Sinclair
1999	Rnd 15	Andrew Shipp
2000	Rnd 1	Paul Hasleby*
	Rnd 4	Leigh Brown
	Rnd 17	Matthew Pavlich
2001	Rnd 13	Adam McPhee
	Rnd 21	Dion Woods
2002	Rnd 1	Paul Medhurst
2003	Rnd 9	Graham Polak
	Rnd 13	Byron Schammer
	Rnd 14	Aaron Sandilands
2005	Rnd 14	David Mundy

*Paul Hasleby 2000 Rising Star winner

Mundy is a keen student of the game and keeps a close eye on his more experienced team mates for direction and development of his own game.

"I probably don't look at just one player specifically. I take traits from several different players like Belly's leadership and Luke McPharlin's courage when he backs into packs. I try and take little examples from everyone's game and develop my own style of footy that will benefit the team."

With tongue firmly in cheek he joked that being coached in Fremantle's defence by former West Coast Premiership player Chris Waterman was difficult at first. A childhood Geelong supporter Mundy admits watching the Eagles defeat the Cats in the early 1990's was hard to swallow.

"It was hard initially to listen to him because I used to barrack for Geelong and he played for West Coast in the era where they knocked the Cats off in a couple of Grand Finals," he laughed.

"But in all seriousness Muddy has been a huge source of confidence for me and he really backs my game."

He is appreciative of the opportunities presented to him at Fremantle and has committed to the club until at least the end of the 2008 season.

"It was a pleasant surprise when the club offered me the new contract and I'm excited about being a part of Fremantle in the future," he said.

"I'm really happy to be playing for the Fremantle footy club. The list has an enormous amount of talent and when we click we play some extraordinary football and I'm just looking forward to playing finals footy with Fremantle into the future."

In his 17 AFL games this year Mundy has averaged 16 touches with a career high of 24 possessions coming against Brisbane in round 11 where he dished out 13 kicks, 11 handballs and took nine marks.☐

At the Rising Star Awards Ceremony on 31 August David took out 3rd place in an exciting field of young talent in 2005.



Picture: Getty Images



THORNTON

Front Line Goss

Facing 20

After four years Channel 10's 'The Western Front' has made its mark around WA as a footy show that's more than just kicks and handballs. It is designed to be entertaining and purposefully silly and that's something to be proud of says host Tim Gossage.

Where did the concept of The Western Front come from?

When Channel 10 started to broadcast the football in 2001 we were asked to come up with a half hour filler to go between games. We brainstormed and the result was 'The Western Front'. After the first year we decided that a straightforward type of footy show was a bit run of the mill so we went into more of a light entertainment format which seems to have worked and now we have what is very loosely termed a footy show!

If you are the brain child of the show, what body part is co-host Lachy Reid?

Lachy is the guts of the show he's out there and pretty animated. I wouldn't say I was the brains of the show more like the 'old head'. Lachy is younger than me even though he has lost his hair.

Who spends the most time in make-up?

We're both such natural beauties that we don't really need a great deal of make-up (laughs) but it's nice to sit in the chair and have someone fuss over you. Lachy has a bigger head than me but I have a double chin that needs a bit of work so we're probably in there about the same amount of time.

TV looks like a glamorous business do you have a trailer when you're on location?

Oh most definitely, although I'm the only one who is allowed in there and Lachy has to get changed in the back of his car. We've got agents and fluffers, a massive behind the scenes staff of three! Our producer Rebecca Killen, assistant Andrew Riches (no one really knows what he does) and the camera man. It's not glamorous at all, pretty low budget which is often proven by the end product (laughs).

Your day job is to put the Channel 10 sports bulletin to air, how do you find the time to do the show?

I don't do anything for the show until it comes to recording it (laughs) although I have done a little bit more this year. It's good having a producer who does all the nuts and bolts of putting the show together. Our priority is news but sadly the Western Front is the one that people seem to talk about the most. It's definitely not a 9 to 5 type of job.

What do you think sets the show apart from other TV football productions?

I think because Lachy and I have very limited football ability and credibility in the industry and we haven't hidden that fact (laughs). We might every now and then get on our soap box but we don't predominantly talk about form, fitness and hamstrings, it's more just the lighter side of footy that we can claim some expert knowledge in. We think it's the side of football that people want to see.

Where do you get the ideas from?

We definitely don't sit down and have a brainstorming session – that usually comes when we sit in front of the camera and the light comes on. Every now and then ideas just present themselves and we also have great feedback from our viewers about what is happening in their local footy world.

You recently celebrated your 100th show, how many more do you have in you?

What a day it was! We ran through a banner – a very big thank you to the Fremantle cheersquad who made the banner for us – and we also had a special cake to celebrate the

milestone. It definitely wouldn't have happened without the support of footy clubs from all levels around the state. We'd like to think that we have another 100 shows in us!

How has the show changed over the years?

We now film the show from a studio set after doing it from various footy grounds in the first couple of seasons. It gives us a base from where we can do the show and is a lot less time consuming than always going to different locations. We still have the chance to get out of the studio at certain times which is great fun and having a "live" audience puts the pressure on.

How long does it take to script the show and then record it?

There isn't a script, can't you tell! The show is pre-recorded although there is a great myth that it is live. There are plenty of muck ups and the goof tape at the end of the year provides plenty of humour. It usually takes a couple of hours to record a half hour program when we're all in synch but there have been times it has taken a lot longer than that when we get tongue tied.

Where did the idea for the Western Front 'W' come from?

It actually started with Jeff Farmer. Lachy did an interview with the Wiz when he came back to WA to join Fremantle and we asked him to do a 'W' when he kicked a goal. We wanted a hook for the show and it was Lachy's idea to get people to do the 'W'. We toyed with having signs in the crowd but that sort of thing has a short lifespan and the 'W' has proven to be a long term success. It actually has gone out of control but we love it.

It's popping up everywhere now, what have been some of your favourites?

It's become a bit like ambush marketing. There was a guy who did one on Channel 9's 'Who Wants to be a Millionaire', heaps on Seven's 'It's Academic', and an avalanche on the ABC's WAFL coverage which drives them mad. More recently Kate from Big Brother did one on the final night which was seen by more than two million viewers across the country. It's positive and good promotion for the show and we love when it appears on other stations.

What have been some of the highlights over the four years?

To be honest the two highlights for me has been the evolution of Fremantle's Paul Hasleby and West Coast's Daniel Chick who are important components of the program. Paul Hasleby to me has all the makings of being the next Chris Mainwaring where he can make the transition from football to television and I just hope he continues on with it. I realise it's hard to combine the two because both are very time consuming. The charity greyhound 'Western Front' winning her first race was also a massive highlight.

It looks as though you're always having a good time – have there ever been professional disagreements?

Oh yeah of course, all the time. Lachy is a lot more moody than you would think (laughs). Once the camera starts you have to forget your disagreements and not let it affect your performance but when it's off you can scratch and bite as much as you like.



Tim Gossage

A few years back you wore the same style shirts each week, was that a wardrobe malfunction?

The stripy shirts we wore were very much in vogue back then. We went from plain dark blue shirts in the first year to the stripy shirts and now we just have open slather to wear whatever we want. You might notice that Lachy goes for very pale colours and whites which means I have to wear the darker colours to give some contrast on the set. I'm glad we don't have to wear ties because Lachy's tie selection is very limited and always goes for pale blue or yellow and only has about six ties in rotation.

The Western Front has spawned a magazine this year – where will it end?

The magazine has had a good impact. We've had people ring to say it's sold out, well not sold as such because it's free, but all of them seem to go. Where will it end? Probably when we replace Rove with an hour show once a week 9.30pm on Tuesday night, I think then we would have made it and the world will be our oyster!

What is Paul Hasleby like to work with?

Haze is a passionate person who wants to do a good job no matter what he is doing. He's hard to get a hold of on the phone and never misses a chance for a free meal. Whenever he comes into the studio to record a segment he cleans out the Channel 10 canteen.

Are players receptive to some of the more out there ideas you come up with?

I think they are and they have been kind enough to give us time in their busy schedule. I don't think you should ask players to do anything that they're not comfortable doing but those players that do go to another level and you get to see their personal side a little bit creates a great persona in the community. We get a good run out of Fremantle players, they're good value.

Will you be back next season?

We'll definitely be back next year. We will probably modify things a bit but the concept of the show will remain the same and it will continue to be based around the stars – Lachy and me! As long as we're on the show a lot then I think people will be happy (laughs).

A serious question to finish. Do you think football is in a good position at the moment?

I think football is in a great state and I love seeing both AFL teams winning. I think there is nothing healthier than when both Fremantle and West Coast are winning and people are going to the WAFL. It's just so vital that both teams are playing well and winning games for the success of football right throughout the grades in Western Australia. ☐

Spas on Show

SPA SHOWCASE, the club's Official Coaches Sponsor, promoted their exclusive range of spas at the last Fremantle home game of the regular season against St Kilda on Friday 19 August.

While a selection from the fantastic Spa Showcase range of spas were displayed outside the ground, every member of the record crowd against St Kilda received special Spa Showcase 'Spa Bucks', giving members and supporters a \$200 discount off any spa from Spa Showcase through until 24 September 2005.

Lucky supporter Dianne Oats was selected from the crowd at half time and won a Fremantle home jumper signed by Paul Hasleby, simply by waving her 'Spa Bucks'.

It was a special Friday night of football with Spa Showcase adding to the excitement of a fantastic after-the-siren win.

A special congratulation goes to our coaches' sponsor and WA owned and operated Spa Showcase who recently won the gold, silver and bronze prizes at the recent 2005 SPASA Awards. Well Done Spa Showcase!



Alinta News

LOYAL SPONSOR ALINTA announced in August the unveiling of an \$868 million-plus float of some of its pipeline and power station assets. The assets included in the float will be the Queensland, Eastern and Tasmanian gas pipelines, the 160MW gas-fired Port Hedland power station, the 105MW gas-fired Newman power station and similar facilities in Victoria and New Zealand. Alinta has delivered an almost fivefold increase in share price since it was floated in 2000, so this float is expected to be highly sought after.



Zero Day

BANKWEST HELD ITS Sponsor Match Day on round 17 against Melbourne promoting the BankWest Zero MasterCard. The team wore special orange Zero MasterCard t-shirts for their warm-up and BankWest's Dolores McAleese earned the priceless opportunity to toss the coin at the beginning of the after her great sales of the BankWest Zero MasterCard and Credit Card Protection over the month of June.

BankWest's "Rebel Rouser" advert featured on the big screen, volunteers gave away Soothers and inflatable jumpers to the crowd and, in conjunction with 'Wear Your Jumper Day', BankWest's Head of Marketing and Products Dave Hunt made the day even more special for Gael House, who was selected from the crowd for wearing her Fremantle jumper. Excited at winning the \$1,000 from BankWest, Dave offered to double her



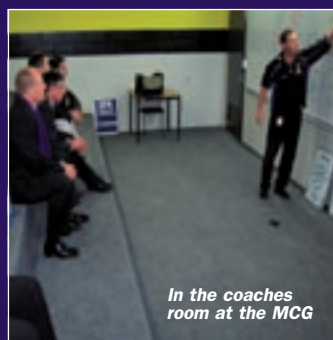
money if she had her BankWest Zero MasterCard on her. Unfortunately Gael didn't have one but in a fantastic gesture, Dave doubled it anyway! An excited Gael revealed that the

bonus could not have come at a better time as she had given up her job recently to look after her ill father who had sadly passed away during the week before the game. Well done BankWest! And a 25 point win over the Demons meant that Gael certainly enjoyed her Sunday afternoon at the footy.👍



Magnificent Seven

SEVEN BANKWEST executives who have achieved the highest sales figures over the last twelve months were rewarded with a weekend away to Melbourne to watch Fremantle take on Collingwood at the MCG on 31 July. This initiative was organised by Alan Pavisich who unfortunately became ill prior to the trip. The group was led by Ralph Gore in Alan's absence and, after travelling to Melbourne with the team, enjoyed a weekend feast of football, sight-seeing and dining culminating in watching Fremantle notch up a hard fought win against the Pies. The club would like to wish Alan a speedy recovery and congratulate BankWest's magnificent seven.



In the coaches room at the MCG



Rick Hart Invite Nights

THE RICK HART Group held their annual Member Invitation Nights at their O'Connor store on 7 July and the Osborne Park stores on 14 July. Once again, another fantastic turnout by members to support loyal sponsor Rick Hart Group and take advantage of Members Only sensational bargains with huge 'Cost Plus 5%' price tags for all members. Special in store appearances

from Fremantle players including Justin Longmuir, Paul Hasleby and Byron Schammer added to the excitement on the nights with junior members getting some autographs and testing their skills in the Handball Competition. Everyone who made a purchase had the chance to win a VIP Box and the two lucky winners entertained their guests at the Round 21 game against St Kilda.

Member Rewards



Exclusive rewards for Fremantle Members

AFL your religion?

Join Broadband now and you will receive \$50 of Docker Dollars, courtesy of BigPond. Docker Dollars can be used to purchase Fremantle Football Club merchandise through the Team Store or can be put towards your 2006 Reserved Seat Membership Renewal.

To take advantage of this special offer you must visit the Fremantle website (www.fremantlefc.com.au), go to the Member Rewards section and click on the link to sign up with BigPond.

Match Replays • Game Day News Desk • Live Scores and Stats • Highlight Packages

Exclusive to BigPond® Broadband Members only



bigpond.com for AFL



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Member Rewards



Exclusive rewards for Fremantle Members

GET MORE DOCKERS ACTION IN THE 5TH QUARTER!

YOU COULD WIN A PHOTO WITH THE WINNING DERBY TEAM!
PLUS SEE YOUR PHOTO ON 3.6 MILLION CANS OF CARLTON MID

YOU COULD WIN AN END OF SEASON TRIP TO HAWAII FOR YOU AND 3 MATES

WIN INTERSTATE DOCKERS TRIPS FOR YOU AND 3 MATES
4 DOCKERS BOX ON 10 JULY FOR YOU AND 3 MATES.
WEEKLY TICKETS AT THE BOX OFFICE.
2ND DERBY VIP MARQUEE ENTRY
PLUS HEAPS MORE

WIN TOYOTA AFL GRAND FINAL PACKAGES

CARLTON MIDSTRENGTH 5TH QUARTER

TO JOIN THE 5TH QUARTER CLUB SIMPLY REGISTER YOUR DETAILS AT WWW.5THQUARTER.COM.AU

FOR HEAPS OF OTHER GREAT PRIZES THROUGHOUT THE 2005 AFL SEASON AND FULL DETAILS AND TERMS & CONDITIONS VISIT WWW.5THQUARTER.COM.AU
Register and enter a name to win the Photo Box before 11.59pm AEST 31/10/05. Enter the competition to win the End of Season Trip to Hawaii before 11.59pm AEST 1/12/05.
Enter to win the Interstate Trip before 11.59pm AEST 28/11/05. Entrants must be 18 years of age or over and a resident of WA at the time of entry.

AFL APPROVAL CODE: GFATLBS/SH

Enjoy Responsibly

MAZ7081 CHE



ZOOM-ZOOM

Freebies for Freo Members.

As a dedicated Dockers Member, you receive this special offer on any new Mazda. Four year unlimited kilometre warranty, \$500 accessory allowance including fitting, plus three years Roadside Assistance. You'll need to present your Dockers Membership Card prior to your purchase at any authorised Mazda Dealer and be a fully paid up 2005 Member. Your new Mazda will be registered in the name or joint name of the paid up Member. This offer is only valid during the home and away season.



mazda

Member Rewards



Exclusive rewards for Fremantle Members



MOTIVE TRAVEL

Mezzanine Level BGC Building,
28 The Esplanade, Perth 6000

Phone 93 222 666

Fax 9322 1417 motive@motivetravel.com.au

DUBAI WORLD CUP 25 MARCH 2006

Register your interest immediately for this much sort after International sporting event. Whether you are a horse racing fan or not, Dubai has an amazing amount of attractions for you to enjoy. Extensions onto to all of Emirates stopover cities are available for a minimal outlay!

LEEWIN ESTATE CONCERT FEB 2006

Last years STING concert was one of Leeuwins greatest having been sold out in record time. Next years performer is not yet known but it would be very wise of you to add your name to our list to obtain information on our package tour

TANAH LOT PRIVATE VILLA: BALI

Experience a totally relaxing stay at this most magnificent property set on a cliff overlooking the ocean at Tanah Lot. 14 staff on hand to wash, iron, cook, and clean for you and a personal driver is available 24 hours a day 4/5 bedrooms, all with private facilities – perfect for 4/5 couples or a few families

AFL EXHIBITION MATCH

DOCKERS v EAGLES in LONDON!

Packages will be available for you to enjoy this unique football experience at Lords Cricket Ground!
Saturday 8 October 2005.
Call us for details!



OTHER TRIPS

Where would you you have gone to book any of the following?

- Danny Green boxing fight in Germany • Golfing tour to Dubai
 - Australian National Tennis Championship • Melbourne Cup
- George Michalczyk's MOTIVE TRAVEL handles all of these + more. Contact one of Motive's experienced consultants to assist you with any of your future travel requirements.

AFL Authorised On-Seller OSFRE05/17



EXCLUSIVE FREMANTLE DOCKERS MEMBERS' OFFER



As supporters of Fremantle, Chalice Bridge have joined with the new Gage Roads Brewing Co to offer you an opportunity to enjoy a six-pack of craft brewed West Australian lager from Gage Roads absolutely FREE.

Visit any of the stores listed below, and purchase a mixed case of Chalice Bridge Fine Wines (Promotion Price \$14 a bottle) and receive a six-pack of Gage Roads Pure Malt Lager PLUS a Gage Roads keyring bottle opener, as soon as you mention you are a loyal Dockers supporter!

AVAILABLE SEPTEMBER 2005 OR WHILE STOCKS LAST!

Atwell Cellars, Atwell/Condello's, Hudson Rd, Bunbury/Liquor Barons Canning Bridge/Capel Celebrations, Capel/Como Bottle Shop, Como/Margaret River Regional Wine Centre, Cowaramup/Corkers Cellars, East Vic Park/Condello's, Gelorup/Celebrations Kardinya, Kardinya/Margaret River Hotel, Margaret River Knights Inn, Margaret River/Leopold Hotel, Melville/Mosman Heights Liquor, Mosman Heights/Mosman Park Liquor Emporium, Mosman Park/La Vigna, Mt Lawley Old Bridge Cellars, North Fremantle/Western Cellars, Rivervale/Big Brews, Warnbro/Condello's, Waterloo/Harborne & Cambridge Cellars, Wembley.

Member Rewards



Exclusive rewards for Fremantle Members

HOME PORT ADVANTAGE \$110.00

Book and Stay for Game nights for a Home Port Advantage at Holiday Inn City Centre or Crowne Plaza Perth.

As a Dockers member you will also have free car parking when you stay and 25% off your food bill when dining at 788 Cafe or Gusti* at anytime.

Reservations Telephone 1800 221 335

Ask for your Dockers members rate**

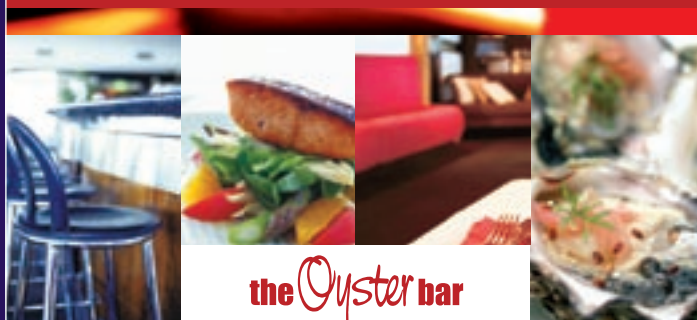


Conditions apply. **Valid Fri, Sat Sun only. *Not valid with promotional menus. Membership card must be presented to claim discounts. Maximum dinners 6 persons.
www.perth.ichotelsgroup.com

Present your Fremantle Docker membership at
The Oyster Bar on the Beach
and receive **10% off** your total food bill.

Please inform staff of your Dockers membership at the time of booking

NOT AVAILABLE WITH ANY OTHER PROMOTIONS OR ENTERTAINMENT CARD



the Oyster bar

MEAD'S MOSMAN BAY 9383 3388 ON THE FORESHORE SOUTH PERTH 9368 4999
ON THE BEACH NORTH FREMANTLE 9430 6866 BLACK TOM'S WEST PERTH 9321 6100

MEMBERS ONLY EXCLUSIVE OFFER

\$10 Adult Movie Ticket

\$8 Child Movie Ticket

Valid at all WA Hoyts locations

www.hoyts.com.au

Conditions: Valid anytime excluding Saturdays after 5pm>Excludes On-line tickets sales and advanced bookings>Cannot be used in conjunction with any other offer>Not valid La Premiere>Public holiday surcharges may apply>Valid for 1 ticket per membership card per session>Valid Hoyts WA only>FFC Membership card must be presented at all times of purchase.

We don't pay sports stars to wear our product.
They pay us.

Skins

Biocellulose technology™

skins.com.au

When sports stars want to:

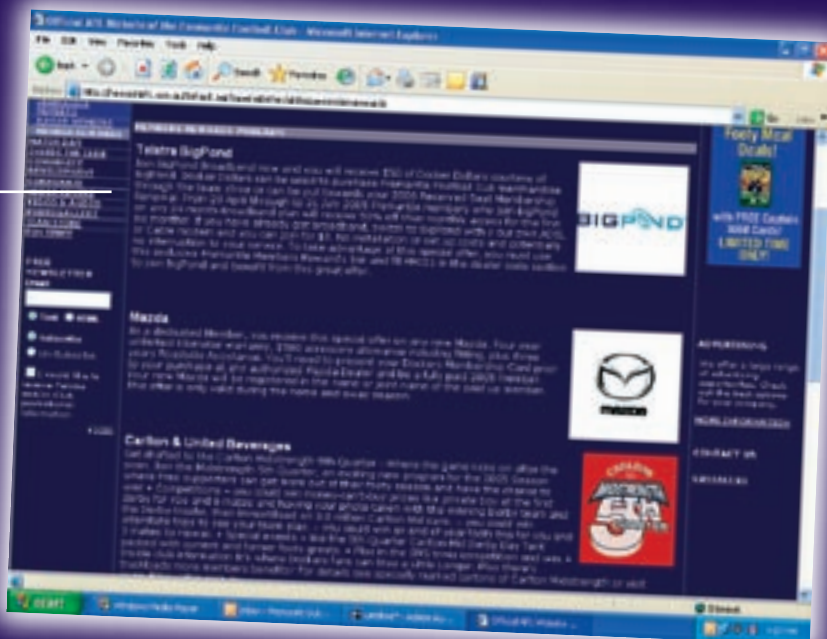
- Improve power
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- Enhance circulation
- Reduce lactic acid build-up
- Reduce fatigue
- They buy Skins™

REWARD YOURSELF EVERY MONTH AT FREMANTLEFC.COM.AU

Now there are even more benefits to being a member of the Fremantle Football Club.

The exciting new Member Rewards programme now gives members access to exclusive opportunities, special prices and great deals on products and services from the club's Member Rewards partners, Telstra Bigpond, Carlton & United Beverages, Chalice Bridge, Motive Travel, Mazda, Intercontinental Hotels (Crowne Plaza and Holiday Inn Hotels), Hoyts Cinemas and Meads Oyster Bar.

Check out the Members Rewards page in the Members section of the club's website at www.fremantlefc.com.au where each and every month our Member Rewards partners will make even more exclusive offers available to members.





THIS YEAR again witnessed amazing growth in membership to establish yet another record level and now with over 34,000 members the club continues to be one of the top five clubs in the AFL. The support of members in season 2005 has been fantastic and reflects the loyalty, pride and passion of Fremantle supporters. The continued support of our members in 2006 will again be very important to the club's growth and stability.

MEMBERSHIP RENEWAL INFORMATION

Membership renewal information will be posted to all existing members in mid-October and will include detailed information about membership options and pricing for 2006.

If you have changed or are in the process of changing your address please make sure you let the club know so that your renewal form and 2006 information arrive on time at the correct address.

As in previous years, current members will be offered first option on the same reserved seat for the 2006 season. Existing members can also choose to change seats, however all changes are subject to availability and are processed by the order in which they are received – so make sure you get your form in as soon as possible!

2005 PRIORITY RENEWAL PERIOD – EXPIRES 30 NOVEMBER

The priority renewal period ends on Wednesday 30 November, 2005. By renewing within the priority period members will:

1. Ensure they retain their current reserved seat for the 2006 season.
2. Go into the draw to win a trip for two to the 2006 AFL Grand Final including air fares and accommodation.
3. Receive their membership cards prior to Christmas.
4. Receive a complimentary copy of the 2005 Fremantle Football Club Year Book distributed with membership cards and other exclusive membership items. For those members who do not renew by 30 November, the 2005 Year Book will be available for sale from the Fremantle Team Store for \$10.

Membership Renewals will be processed as follows:

- All non seated members and those members with seats who are renewing the same seat as they held in 2005 will be processed immediately upon receipt of the form by the Membership team.
- Renewing members that are requesting a change of seating will be processed after the priority renewal period, in the order in which their applications are received.
- Renewing members that have introduced new members but who are retaining their existing seats (who do not request to have new members seated with them), will have their memberships processed but the new members will not be processed until after the priority renewal period has expired, in the order in which their applications are received.

- Renewing members that have introduced new members who are retaining their existing seats (who request to have new members seated with them), will be processed together after the priority renewal period has expired, in the order in which their applications are received.

- Renewing members that are requesting a change of seating AND adding new members (who request to sit with the renewing members) will be processed together after the priority renewal period has expired, in the order in which their applications are received.

After the Priority Renewal period expires, members' reserved seats will be made available to other members wishing to relocate, or to new members.

ALCOHOL FREE FAMILY BLOCKS

The popularity of alcohol free family blocks has continued over the seasons, with minimum space remaining for new members in the original Budget blocks. As a result, in 2005 the club created a new alcohol free block in Standard seating, block 339. Membership is available as a 2 Adult and 2 Children Family Membership, at the low price of \$605 for renewing members and \$635 for new members. As there is very little availability in the Budget seating areas at Subiaco, no additional alcohol free seating can be created in these blocks.

FAMILY MEMBERSHIPS

In order to create more flexibility for our members, the club has developed alternate combinations of Family Membership in addition to the current 2 Adult and 1 Child and 2 Adult x 2 Children. Prices vary depending on the block chosen, but as a general rule the club membership component of the child's season ticket package is free of charge and there is a \$10 reduction on the seat premium for each person in the family package.

Family Country Membership is offered in the 2 Adult and 2 Children and 2 Adult and 1 Child memberships – more information is available in the 2006 Membership Brochure.

2006 SEATING AVAILABILITY

IN AN EFFORT to make it easier for members to see which seats are most likely to be available in 2006 (for seating changes and those adding new members) listed below are the blocks in which there are currently 30 or more available seats. For specific locations of these blocks please consult the seating map of Subiaco Oval available on the club's web site fremantlefc.com.au or in your 2006 Membership Brochure.

3 Tier Stand Under Cover

Budget: 416 & 417
Standard: 215-217, 314-318

3 Tier Stand NOT Under Cover

Budget: 115 (Special Family *Non Alcohol Block)
116 (Cheer Squad, must be aged 14+)

2 Tier Stand Under Cover

Premium: 312 & 313

2 Tier Stand NOT Under Cover

Premium: 106-110

North Eastern Stand NOT Under Cover

Standard: 147 & 148

Premium: 149-152

Eastern Stand NOT Under Cover

Budget: 135, 136 & 137 (136 & 137 Special Family *Non Alcohol Block)
Standard: 335-338, 339 (Special Family *Non Alcohol Block)
Premium: 332 & 333

Eastern Stand Under Cover

Standard: 337 & 338, 339 (Special Family *Non Alcohol Block) & 343
Premium: 332-336, 240-243

ANZ Stand NOT Under Cover

Standard: 120-123, 125, 129-132
Premium: 121-126, 128, 319

OPEN DAY AT SUBIACO OVAL

– SUNDAY 20 NOVEMBER

Current and prospective members and those new to the Club are all welcome to attend the open day at Subiaco Oval on Sunday 20 November. It will be held from 11am until 2pm in the Bill Walker Room, entry is via Gate 6 (off Subiaco Road). This is a great opportunity to come down to the ground and check the availability and position of reserved seating first hand. The membership team will be available to process membership renewals and to process new member applications.

LOST TICKET VOUCHERS

Please note that Lost Ticket Vouchers requested before 12.00noon on the Friday prior to the home game will be at no charge. Any Lost Ticket Vouchers issued after this time or on Game Day will be charged at \$10 for the first occurrence and \$15 on the second occurrence, this fee is on top of the card replacement fee of \$10. On the third occurrence \$30 will be charged and this included the new card replacement fee.

For stolen cards the above fees will be waived upon receipt of a signed Statutory Declaration Form.

Personal Identification must be shown on game day when picking up tickets or Lost Ticket Vouchers.

CHANGE OF ADDRESS

Anyone who has changed their address will need to advise the club in writing to the club, c/- Fremantle Membership, PO Box 381, Fremantle or via email to membership@fremantlefc.com.au. Address changes will not be taken over the phone.

THANK YOU CHEER SQUADS

The WA and Victorian cheer squads lead the support for the team throughout the AFL season and both cheer squads do a tremendous job in providing a colourful, positive and, most importantly, loud presence at all Fremantle's games.

The Victorian cheer squad has the added task of leading from the front at interstate venues such as AAMI Stadium, the SCG, the 'Gazza and even Aurora Stadium in Tasmania. This passionate group of members and supporters undertake these trips on a voluntary basis and always provide fantastic support to the team when they are away from Perth.

On behalf of the Board, staff coaches and players, many thanks to all members of both cheer squads for their energy, enthusiasm and commitment. From all at the club, it is greatly appreciated!

IMPORTANT NOTICE

2005 Member Elections and Member Meeting

– for details see page 4

DEAKIN UNIVERSITY MEMBER RESEARCH

Deakin University is once again conducting a web based survey on behalf of all 16 AFL clubs. The survey was sent in mid August to all members who have provided the club with their email address.

The survey is designed to measure member satisfaction with membership services. It is similar in format and content to the survey conducted in 2004 and this consistency in content allows Deakin University to provide consistent findings to all clubs.

The findings of the survey will assist in the planning of the 2006 membership services operations and help the club to deliver the best possible service to members.

Deakin University has received federal funding to undertake this research for the next 3 years. If you haven't provided the club with your email address and would like to be involved in future surveys please send your email address to membership@fremantlefc.com.au and we will add your address to the database. (A copy of the club's Privacy Policy is available on the club's web site at www.fremantlefc.com.au)

A special thank you to those members who completed the survey, it is greatly appreciated and will assist in guiding future services to members.

MEMBERSHIP DEPARTMENT CONTACT INFORMATION

Membership Services:

(08) 9433 7111 or 1300 88 20 77

Membership Services Fax:

(08) 9433 7002

General Enquiries:

(08) 9433 7000

Membership Mailing Address:

Fremantle FC Membership
PO Box 381
FREMANTLE WA 6959

Email:

membership@fremantlefc.com.au

Fremantle Football Club –

Office Address:

Fremantle Oval
Parry Street
FREMANTLE WA 6160

Internet Address:

www.fremantlefc.com.au



Shane Parker's
200th game
guernsey



Fremantle's
Rising Star
nominee David
Mundy with
partner Emily



MORE THAN 800 people attended the Burswood Grand Ballroom on 21 July for the annual Carlton Mid Banquet Auction. The evening raises funds for the club's Community Development Programme and with 58 main auction items and 300 tender items on offer there was plenty to attract keen bidding.

Auction host, Channel 9 news presenter Dixie Marshall, kicked the evening off welcoming former Hunters and Collectors front man Mark Seymour onto stage to set the mood for the high speed action to follow as auctioneer Darren McAulay put an outstanding range of main auction items under the hammer that included a fantastic Mazda Neo car, two boats, a spa, a golf cart, holidays, jewellery, sporting memorabilia and much much more.

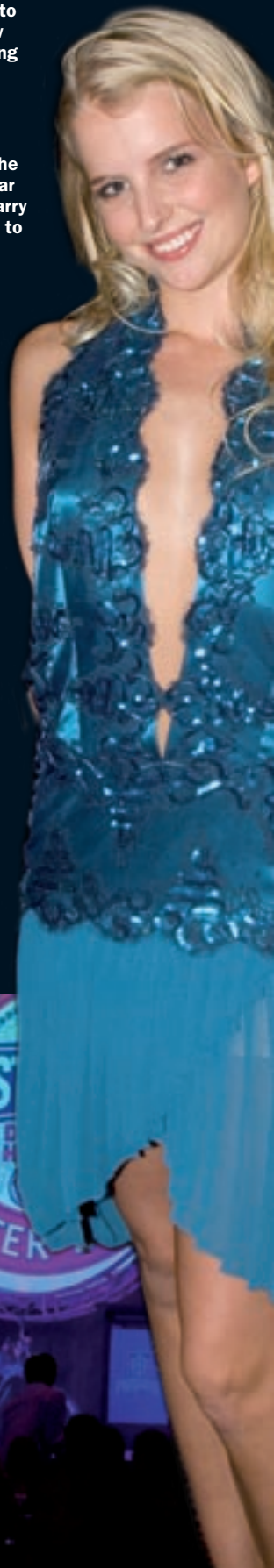
Intense interest and eager bidding centred on the one-off original Les Paul style Stratocaster guitar signed by Bono, The Edge, Adam Clayton and Larry Mullen of U2 which eventually sold for \$18,000 to one lucky bidder.

Special guests included Chief Justice and Fremantle Vice Patron David Malcolm, WAFC Chairman Neale Fong, and Miss Australia WA 2005 and Pierucci model Michelle Guy.

The highlight of the evening was Luke McPharlin's call to the stage to perform his version of the Hunters and Collectors song 'Throw You're Arms Around Me' alongside Mark Seymour, the song Luke performed in his first heat of Channel 9's 'The Footy Show Screammers' competition back in April. Luke's performance earned a rousing ovation from the audience and calls for an encore.

While most eyes were focused on the main auction items, there was plenty of interest around the tender auction items that included vacuum cleaners, body massagers, holidays, sporting and music memorabilia, weekend getaways, wines, and autographed match worn jumpers from the 112 point victory over Collingwood in round 7, the club's highest winning margin in any game.

A special thanks to the club's sponsors and corporate partners for the generous donation of the fantastic auction items that made the evening such an incredible success with over \$190,000 raised for the club's Community Development Programme. The programme, unique in the AFL, reaches over 150,000 school children state-wide each year through a range of initiatives including the new motor skills programme launched in 2005.



For the Diary



2005 Doig Medal

1 OCTOBER

THE BURSWOOD Grand Ballroom will again be the setting for the club's gala event of the year, the 2005 Doig Medal Presentation Dinner to be held on Saturday 1 October. Being named your club's Best and Fairest player is the most prestigious award a player can receive during their career recognising consistent performance and their contribution to the team over the home and away season. Individual handcrafted medals are awarded to the winner, second and third places and to the Beacon Award winner as the club's best new talent.

Tickets to this prestigious evening are available from the club at \$150 per person. With last year's Doig Medal dinner a sell-out evening with more than 1,000 people in attendance to witness Captain Peter Bell claim his third Doig Medal, tickets for this year's black tie affair are selling fast. Contact Kellie at the club on (08)9433 7000 for all ticket enquiries.

DOIG MEDALLISTS

2004	Peter Bell
2003	Peter Bell
2002	Matthew Pavlich
2001	Peter Bell
2000	Troy Cook
1999	Adrian Fletcher
1998	Jason Norrish
1997	Dale Kickett
1996	Stephen O'Reilly
1995	Peter Mann

BEACON AWARD WINNERS

2004	Andrew Browne
2003	Graham Polak
2002	Paul Medhurst
2001	Dion Woods
2000	Paul Hasleby
1999	Clem Michael
1998	Brad Dodd
1997	Mark Gale
1996	Gavin Mitchell
1995	Scott Chisholm

MORE UPCOMING EVENTS

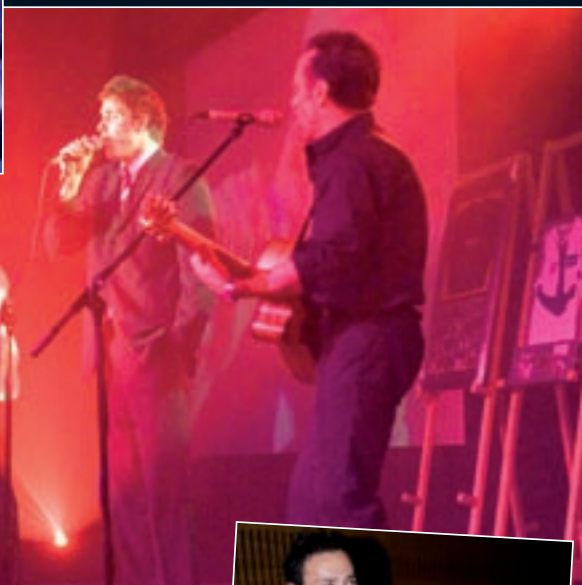
For details of these upcoming events keep an eye on www.fremantlefc.com.au

Melbourne Cocktail Party
21 SEPTEMBER

Membership Open Day
20 NOVEMBER

Annual Members Meeting
30 NOVEMBER
(for details see page 4)

Junior Member's Christmas Party
4 DECEMBER

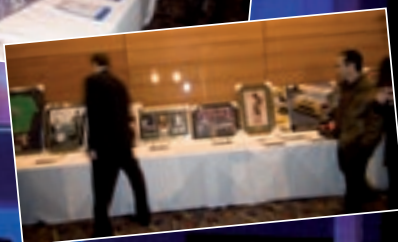


Chief Justice David Malcolm



WAFC
Chairman
Neale Fong

The U2 guitar goes
under the hammer





Hi kids,

What an exciting season it has been with so many highs and some lows along the way.

I would like to take this opportunity to thank you all for your support over the year.

For the players to see all that purple in the crowd and hear our name chanted so loudly it is just fantastic and we really appreciate your support and commitment that you have shown to the team over the year, it meant a lot and wouldn't have been the same without you.

Don't forget to keep an eye on your letter box for your membership renewal notice in October. Get mum and dad to sign you up for season 2006, which promises to be another great year for the Fremantle Football Club. Junior Members get some fantastic gifts in their membership packs so call the membership team on 9433 7111 if you want to know more.

Thank you again for your support this year, keep safe over summer, keep an eye on the website for team updates and I look forward to seeing you next year.

Jeff Farmer

Player Word Find

Find all of the words in the puzzle below to uncover which player matches this profile. The letters that are left out after all the words are found will reveal the mystery player. Send in your answer with your member number, name and address to **competitions@fremantlefc.com.au** and go into the draw to win a cool Peters Ice-cream Beach Pack which includes a Peters Frisbee, inflatable beach ball, a Peters beach hat and a cool Peters t-shirt. All of these exciting prizes come in a fun Peters and Brownes backpack.

S	U	N	G	L	A	S	S	E	S	L	I	C
B	U	B	E	A	C	H	T	O	Y	S	T	O
A	U	B	M	D	R	A	G	O	N	S	C	L
S	T	R	I	N	I	T	Y	K	E	W	A	L
K	O	C	N	A	E	W	A	F	L	B	N	I
E	H	S	I	F	C	L	I	N	I	C	T	N
T	O	N	E	B	R	O	T	H	E	R	W	G
B	O	S	T	R	A	V	E	L	S	O	I	W
A	L	A	P	P	I	N	K	R	O	W	N	O
L	T	E	S	T	I	T	A	N	S	D	P	O
L	R	O	T	T	N	E	S	T	R	S	E	D
P	A	U	L	K	E	L	L	Y	F	R	E	O

SUBIACO	GEMINI	BROTHER	TRINITY
CLINIC	BASKETBALL	PAUL KELLY	FISH
TOAST	ROTTNEST	BEACH	OC
FREO	TITANS	CROWDS	LAPPIN
TOYS	TRAVELS	COLLINGWOOD	ONE
PE	SUNGLASSES	IT CAN'T WIN	WORK
DRAGONS	WAFL		

Mystery player:

--	--	--	--	--	--	--	--	--	--	--	--	--



Which player is this?

Send your answer along with your name and contact details to **competitions@fremantlefc.com.au** and go into the draw to win a cool Peters Ice-cream Beach Pack which includes a Peters Frisbee, inflatable beach ball, a Peters beach hat and a cool Peters t-shirt. All of these exciting prizes come in a fun Peters and Brownes backpack.

Name Game

What more could you have in common with one of the Fremantle players than your very own name? Throughout our lifetime most of us will meet someone else who has the same Christian name. But how many people can say they share the same name as one of their favourite Fremantle players? This year, each edition of the club magazine will list four of the player's names. If you are a lucky junior member that has the same name as the players below, send your name, and membership number to **competitions@fremantlefc.com.au** and go into the draw to win a cool Peters Ice-cream Beach Pack which includes a Peters Frisbee, inflatable beach ball, a Peters beach hat and a cool Peters t-shirt. All of these exciting prizes come in a fun Peters and Brownes backpack.

Edition 3 names: **Antoni, Shane, Benet and Ryley**



Riddlemania!

Thanks to all the kids who sent in riddles, we had lots of entries and it was hard for us to pick the best one. Fiona Henders sent in the winner which definitely made me laugh:

Q: What do you get if you cross a Kangaroo with a sheep?
A: A woolly jumper!

Questions:

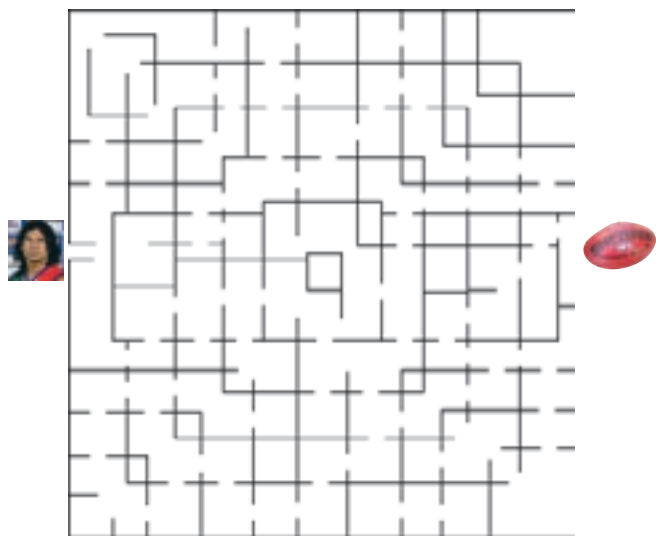
1. When does an Australian potato change its nationality?
2. Why was the belt arrested?
3. What dish is out of this world?
4. What is black, yellow and noisy?
5. Which animal goes to bed with its shoes on?

Answers:

1. When it becomes a French fry
2. For holding up pants
3. A flying saucer
4. A leopard with a drum kit
5. A horse

The Maze

We want you to help Wiz get to his footy by finding his way through the maze to the other side.



Eat like an AFL star

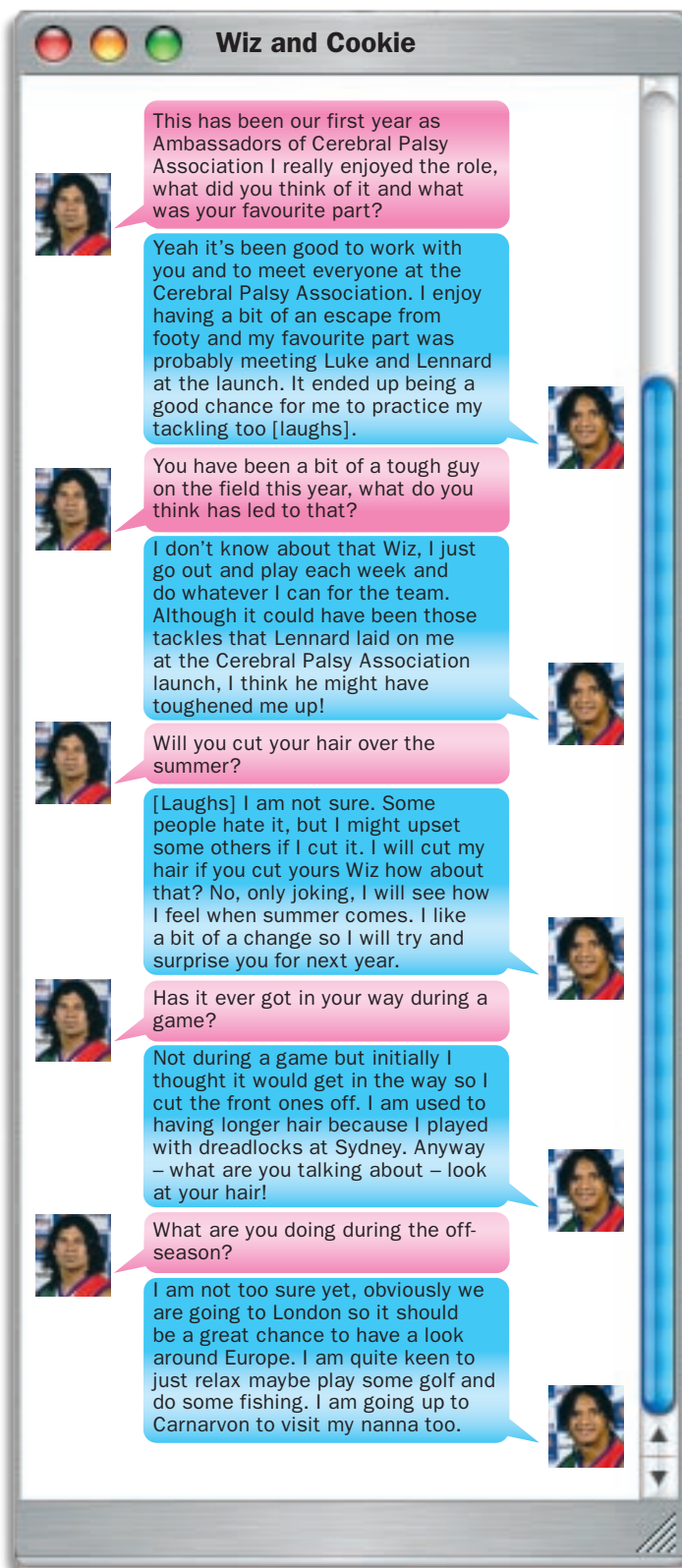
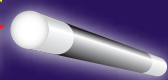
Growing bodies need fuel to keep them going. Whether you are training, recovering or playing a game make sure you are giving your body enough food to play at your best.

To keep you going between meals and before and after games and training try some of these smart snacks...

- Crumpets or English muffins with jam
- Snack packs of canned fruit or even better, fresh fruit
- Vegetable pieces with dip
- Low fat yoghurt
- Cereal or fruit snack bars
- Fruit buns or fruit toast
- Corn or rice crackers
- Pikelets
- Smoothies or milkshakes
- Home made popcorn

Remember, it is important for the junior footballer to eat well every day – not just competition days. A well balanced diet will allow the junior athlete to play better for longer and recover quicker from training.

Wiz Kidz



Last edition's winners

Claire Poole of Currambine – 'Which player is this'
Byron Gallyer of Kingsley – 'Name Game'
Brendan Gallagher of Orelia – 'Word Find'
Fiona Henders – 'Riddlemania'

Congratulations to each of our lucky winners who received a Peters Ice-Cream Beach Pack.





MORE THAN 8,000 participants from 77 different schools across WA got involved in the Freo Long Bomb competition in 2005, competing in four different categories including, years 4/5 girls and boys and years 6/7 girls and boys.

Designed for primary school students, Freo Long Bomb encourages kids to kick as long as they can with the aim of building school spirit through participation and enjoyable competition, while assisting the skill development of junior footballers. Most of the 77 schools conducted their in-school competition during lunch breaks



and phys-ed classes with the top long bomb kickers in each age group attending the final at Fremantle Oval.

There were more than 300 children who subsequently made the most of the sunshine in the July school holidays, and took part in the Freo Long Bomb Finals series.

Between them, the top four students from each of the 77 schools had kicked the football a total of 7.62 kilometres, with the overall winners being Clare McFarlane in the year 4/5 girls category, Luke Frost 4/5 boys, Sarah Noga 6/7 girls and William Marriot 6/7 boys.

Every student who participated in the Fremantle Long Bomb competition received a Participation Certificate and every participating school received five footballs.☐

Junior Club visits



AS PART OF THE club's commitment to reaching grass roots football the entire playing group visited Junior Football Clubs on both Wednesday 22 June and Thursday 23 June. Players spent time with teams registered in the Fremantle Football Club Youth League, which proved to be a great motivation for the second half of the year.

Offering feedback and encouragement, the players met and mingled with young footballers, with the hope of increasing motivation and retention in the teenage age groups.

Clubs visited included: Applecross JFC, Baldivis JFC, Ballajura JFC, Belmont JFC, Eastern Hills Hawks JFC, Kenwick JFC, Mazenod JFC, Midvale JFC, Mt Lawley JFC, North Cobras JFC, Quinns Districts JFC, Sorrento Duncraig JFC, Warnbro Swans JFC, Secret Harbour JFC, Girrawheen Koondoola JFC, Kalamunda JFC, Lakes JFC, Lynwood JFC, Mandurah Centrals JFC, Melville JFC, Morley Bulldogs JFC, Noranda JFC, Queens Park JFC, South Coogee JFC, South Perth JFC, Thornlie JFC, Victoria Park JFC and Wanneroo JFC.☐

Rick Hart Challenge

THE FREMANTLE FOOTBALL CLUB again took on the search in 2005 for the fastest young footballer who participates in the Fremantle Football Club Youth League (FFCYL).

Thanks to the support of Rick Hart and the Lakewood Logistics Group, the 'Rick Hart Challenge' is open to all players of clubs participating in the FFCYL.

Clubs could nominate a single player to participate in a series of 100 metre sprints being held at Fremantle Oval and the fastest 20 sprinters were then invited to Subiaco Oval to take part in semi-finals which were held before the round 17 and 19 games.

Winners of the semi-finals then attended the Fremantle v St Kilda game on Friday 19th August where the 2005 Grand Final was run prior to the game.

Ben Gillett from Sorrento Duncraig JFC was the overall winner, running the 100 metre sprint in just 11.46 seconds.

Ben was the winner of \$750 worth of products while his football club, Sorrento Duncraig JFC, won \$1000 worth of products from Rick Hart.☐



THE SCHOOL OF THE WEEK programme gives primary school children the opportunity each week of coming to the popular 'People's Night' Training session on Tuesdays at Fremantle Oval. The programme is also open to junior football clubs.

Once at the club, children participate in a skills clinic, view a highlights video in the players lecture theatre, watch team training, get that much sought after player autograph or photo and have a class photo taken with a Fremantle player.

The School of the Week Programme has been an enormous success again in 2005 with the once in a lifetime opportunity lighting up the faces of more than 2,000 children since July. Children have come from High Wycombe JFC, Secret Harbour JFC, Ellenbrook JFC, Yarloop PS, Binu PS, All Saints PS, Cue PS, Claremont FC, Wanslea Group, Jandakot PS, Kensington School, Nannup PS, Canningvale PS, Dunsborough PS and St Johns School.☐



Fremantle Football Club Youth League (FFCYL)

THE SECOND HALF of the year for the club's flagship initiative of the Community Development Programme has seen many clubs visit both Fremantle and Subiaco Oval to play fixtured rounds of the Youth League competition.

Aimed at improving the retention level of young footballers in the game, the youth league encompasses all 17s competitions in the metropolitan districts while the 16s competition includes teams from Peel, Albany, Esperance, and the South West regions.

The scheduling of games as curtain raisers prior to each Fremantle home game has provided many young footballers with the opportunity to play in front of a swelling AFL crowd.

Already in 2005, teams from Kenwick, Huntingdale, West Coast, Noranda, Roleystone, Bibra Lake, Baldivis, Rockingham and teams from Albany, Esperance, Bunbury & Busselton have enjoyed the once in a lifetime chance which will live long in their memory.☐



TEAM BANNER COMPETITION

STUDENTS FROM all over Western Australia had the opportunity to enter into the Fremantle Football Club Team Banner Competition earlier this year, with more than 100 entries being received by the club.

Students were asked to design a team banner to inspire the team as they ran onto Subiaco Oval for the game against the Western Bulldogs in Round 15.

In designing their team banner, it was suggested that students consider local Fremantle landmarks or icons, the history of the club, recent events and that the game was the 2005 Patersons Guide Dogs Game.

Although they live 280 kilometres east south east of Perth the Kondinin Primary School children submitted an entry and subsequently won the 2005 Competition.

Megan Owen, from the Kondinin Primary School was the lucky winner with her creation of a fantastic message that was circulated around both rivalry with the Bulldogs and the 2005 Patersons Guide Dogs Game theme.

Megan and three friends assisted the Fremantle Banner Crew to erect the banner on game day and Megan tossed the coin before the team took on the Western Bulldogs. 🏈



Johnny "The Doc" Docker Motor Skills Programme

IN CONJUNCTION WITH Notre Dame University, the club launched the Johnny "The Doc" Docker Motor Skills Programme, in selected pre-primary centres throughout Perth earlier this year.

The Motor Skills Programme is designed to introduce simple play activities that promote basic motor, communication and social skills with an emphasis on enjoyment.

The programme involves Fremantle players and the club mascot Johnny "The Doc" Docker, delivering basic motor skill lessons to pre-primary students.

Players take the children through a basic warm-up, a balance and agility session and a general skills session with a focus on fun, developing body awareness and developing motor skills.

The Johnny "The Doc" Docker Motor Skills Programme activities run for half an hour per school with players visiting an average of three pre-primary centres per fortnight in the second and third terms of the school year. Parents and teachers are left with a resource package



which allows them to continue practising the key messages and philosophies that are introduced at the initial session.

Parents are encouraged to get actively involved and Fremantle players have all helped in making the 2005 Programme such a resounding success to date.

Since July this year pre-primary centres from Guildford Grammar, Guildford Primary, Woodbridge PS, Lake Gwelup PS, West Balcatta Primary, Thornlie PS, Huntingdale PS, Richmond PS, Palmyra PS, Booragoon PS, Our Lady of Mt Carmel, Phoenix PS, Spearwood Alternative, Ocean Reef PS, Connolly PS, Lake Joondalup PS, Weld Square, Yokine PS, Majella Catholic College, City Beach PS, Holy Spirit PS, Graylands PS, St Thomas PS, Subiaco PS and West Leederville PS have all taken part in the Motor Skills Programme. 🏈



AFL Experience Clinics

OUR "AFL EXPERIENCE CLINICS" in 2005 were designed for both boys and girls and provided students with a unique experience as they took part in a football clinic coordinated by Fremantle players.

The "AFL Experience Clinics" provide information to students about nutrition and fitness while at the same time teaching the basic football skills necessary to enjoy the great Australian sport.



Fremantle players are the 'teachers' for the AFL Experience Clinic and students were also given the opportunity to take a first hand look behind the scenes of an AFL club courtesy of the players.

More than 45 Primary Schools have visited the club throughout the year, to take part in the skills clinics giving approximately 2500 students the chance to get up close to their AFL heroes.

Every player in the Fremantle player group has participated in the Experience Clinics and participating schools have included: Bakers Hill Primary, St Bernards Primary, Greenfields PS, Port Kennedy PS, Quinns Rocks PS, Weld Square PS, Holy Name PS, Burrendah PS, Applecross PS, Orana PS, Manning PS, Phoenix PS, Embleton PS, Southwell PS, St Johns PS, Richmond PS, Hillman PS, St Thomas PS, Koorda PS, Xavier PS, Palmyra PS,



Quintillian PS, St Brigids PS, Our Lady of Lourdes PS, Baldivis PS, Collier PS, Gwynne PS, Merriwa PS, Newborough PS, Glen Forest PS, Rottnest PS, Guildford Grammar, St Denis PS, Palmyra PS and Spearwood Alternative. 🏈



MARK OF THE WEEK ROUND 21

